



ADVANCING KNOWLEDGE AND STEWARDSHIP OF FRESH WATER SYSTEMS  
THROUGH RESEARCH, EDUCATION, AND RESTORATION

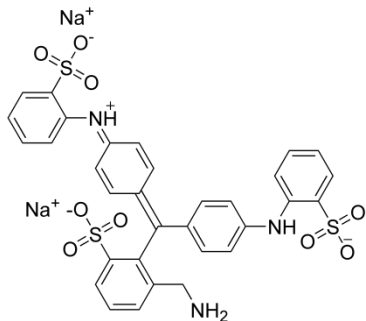
# Watershed 102

Aquatic ecology as it relates to stream and watershed restoration and protection

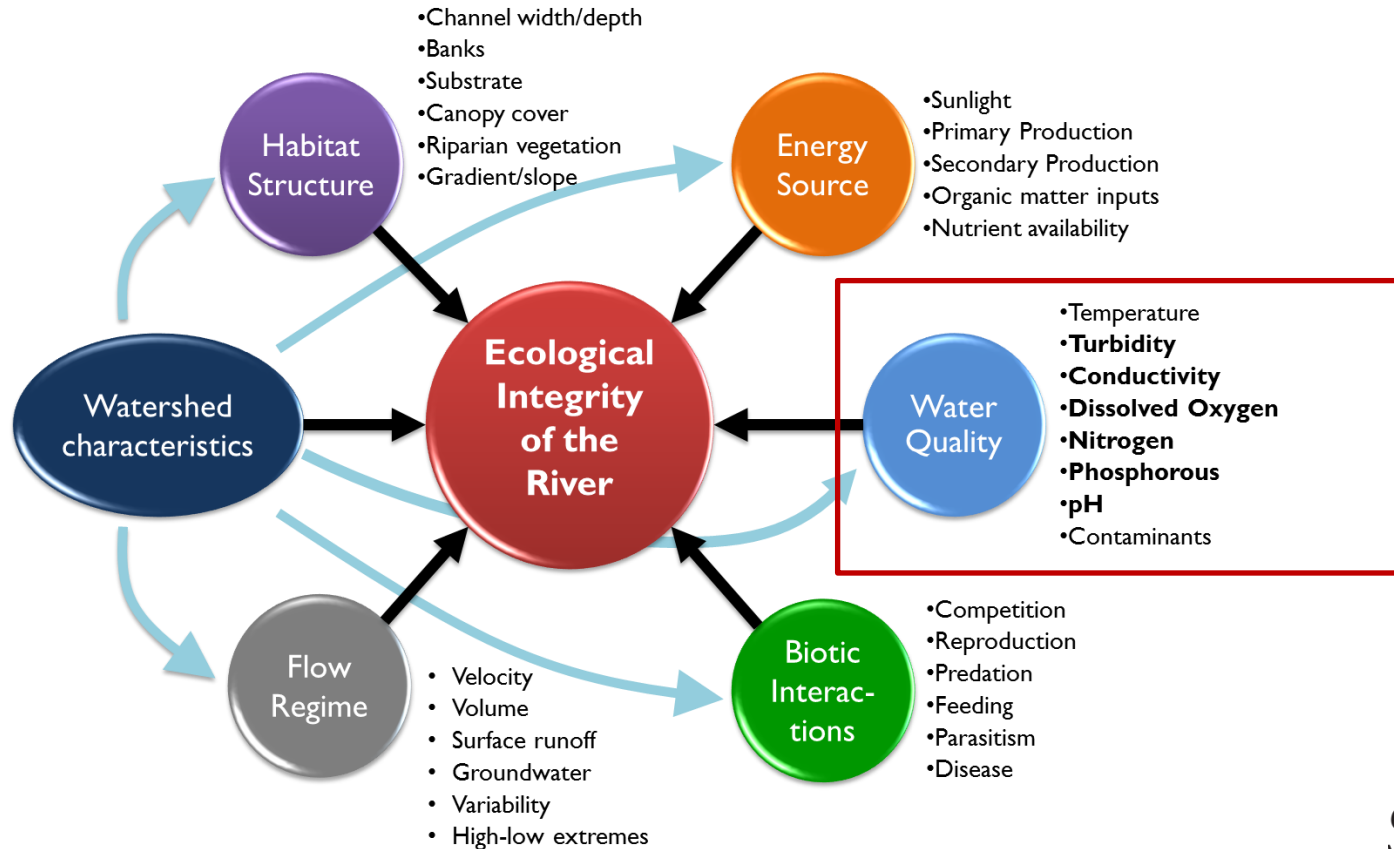
## Water Chemistry

### Nitrogen and Phosphorous

Marc Peipoch, PhD



# Factors affecting ecosystem integrity



# Outline

1. Introduction and Natural Conditions
  - a. What's in the water?
  - b. How do we measure it?
  - c. Nitrogen and Phosphorous Cycles
2. Urban and Agricultural Impacts
  - a. Sources and processes
  - b. How do N and P get to the stream?
3. Effects and Efficacy of Remediation
  - a. Riparian buffers/Farming practices
  - b. Stormwater BMPs
  - c. Are we cleaning our waters?



A photograph of a river or stream. The water is mostly a murky, brownish-tan color, indicating high turbidity. In the foreground, there is a patch of clearer, darker water reflecting the surrounding greenery. The banks are lined with dense green vegetation and trees. Some fallen branches are visible in the water.

**What's in the water?**

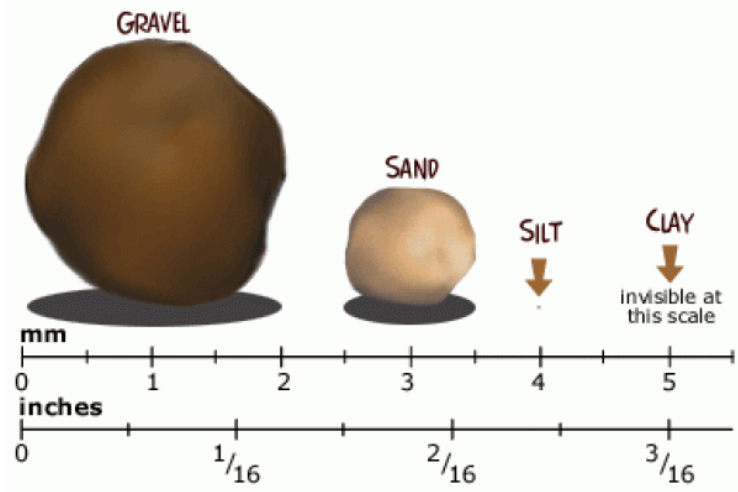
# Dissolved vs. Particulate

**Particulate** (suspended) material:  $> 0.45\mu\text{m}$ ,  
(~100 thinner than human hair)

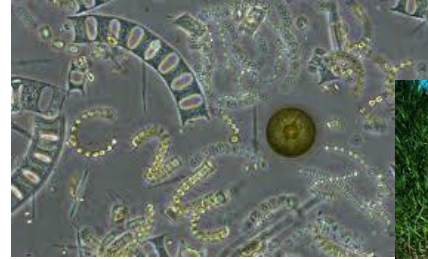
Total Suspended Solids = TSS

# Major Particulate Constituents

## Mineral



## Organic

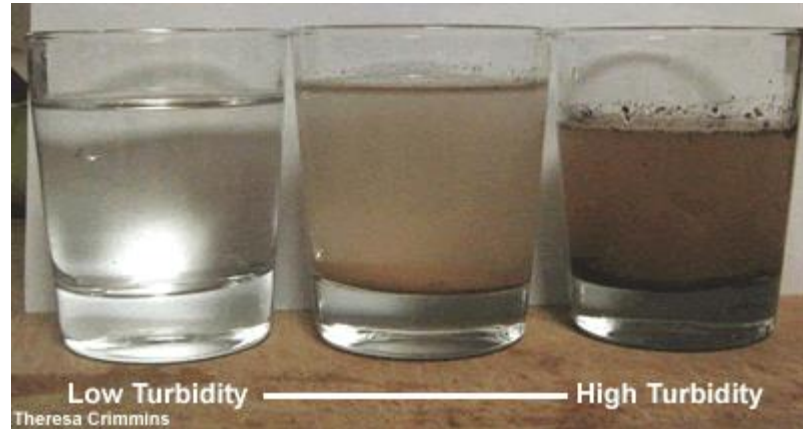


# Major Particulate Constituents

Turbidity (NTU) = the degree to which light is scattered by particles suspended in water.

Depends on the presence of suspended particles

**Turbidity  $\sim$  TSS**





# Dissolved vs. Particulates

**What's in this water?**



# Dissolved vs. Particulates

**Particulate** (suspended) material:  $> 0.45\mu\text{m}$ , - human hair  $\sim 60\mu\text{m}$

clay, silt, sand, algae, etc.

add up as Total Suspended Solids = **TSS**

**Dissolved** material:  $< 0.45 \mu\text{m}$

Total Dissolved Solids = **TDS**

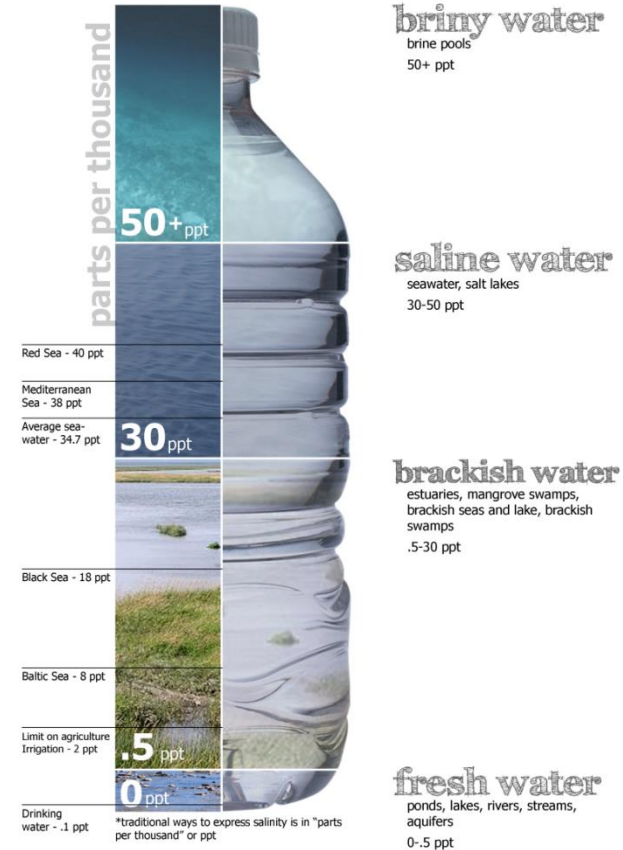
a. Dissolved salts

# Major Dissolved Constituents

**Freshwater** is the least concentrated solution

**Freshwater** is in constant dilution

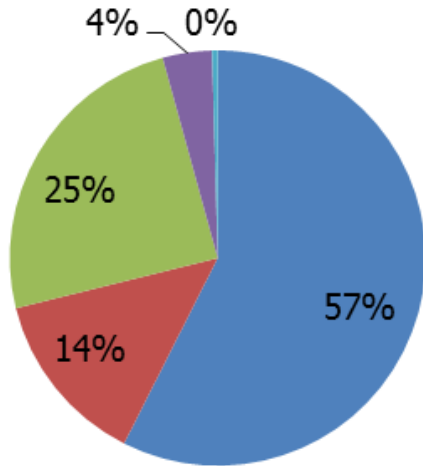
**Freshwater** is a unique salt mixture tied to underlying geology



# Major Dissolved Constituents

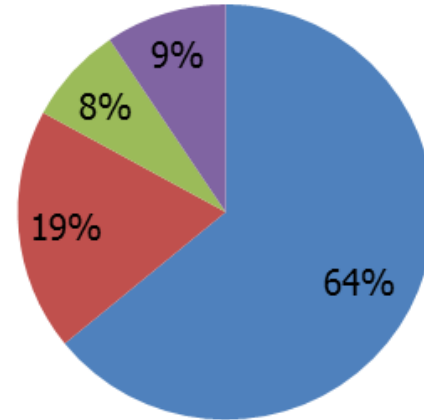
## Cations

■ Ca<sup>++</sup> ■ Mg<sup>++</sup> ■ Na<sup>+</sup> ■ K<sup>+</sup> ■ Fe<sup>2+</sup>



## Anions

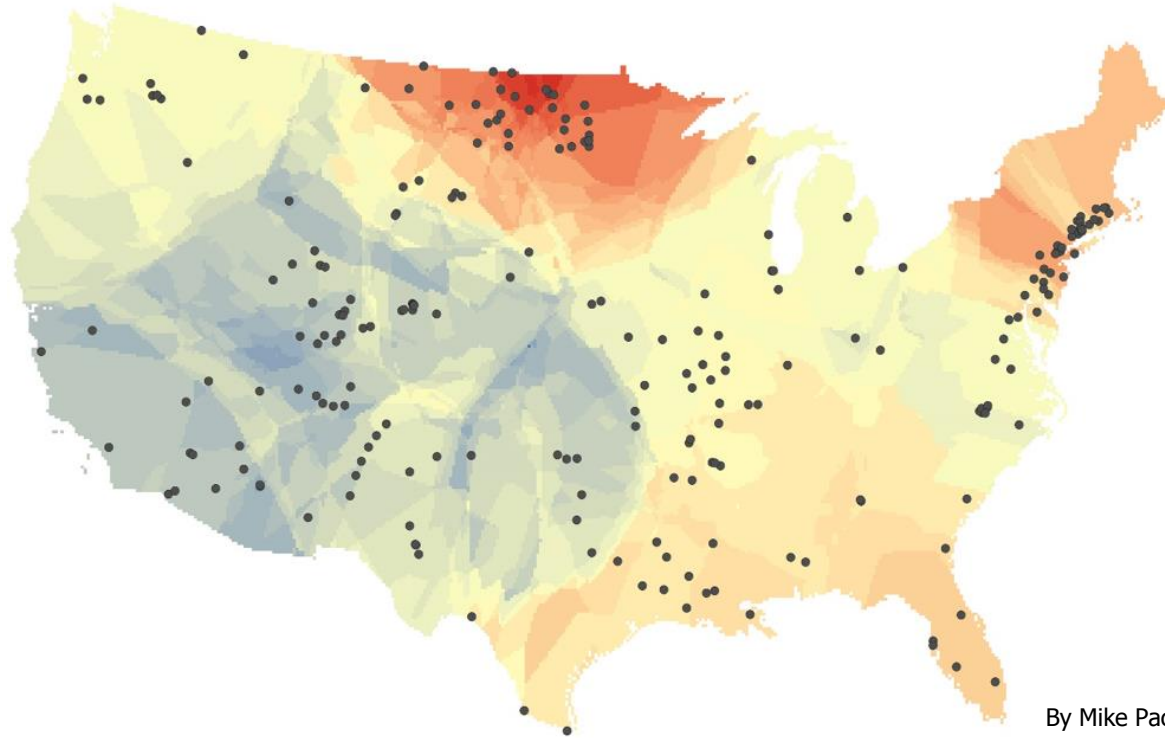
■ HCO<sub>3</sub><sup>-</sup> ■ SO<sub>4</sub><sup>=</sup> ■ Cl<sup>-</sup> ■ NO<sub>3</sub><sup>-</sup>



Average water chemistry in North America (Wetzel 1978)



# Major Dissolved Constituents

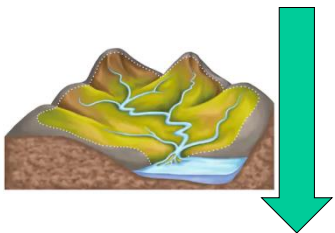
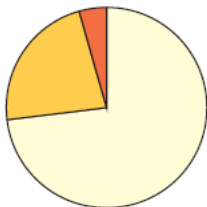


By Mike Pace

# Dissolved Solutes > Hardness > Alkalinity > pH

## Crystalline-rock aquifers

### Piedmont and Blue Ridge

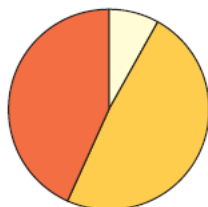


## Granite-based geology

- Low in  $\text{CaCO}_3$
- Lower TDS
- Soft water and low Alkalinity
- Acidic pH

## Siliciclastic-rock aquifers

### Early Mesozoic basin

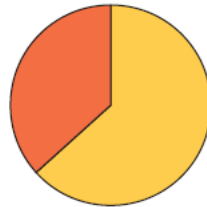


### Valley and Ridge

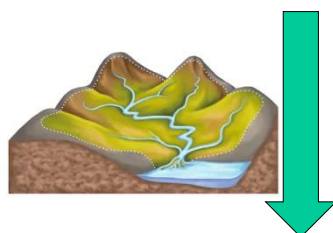
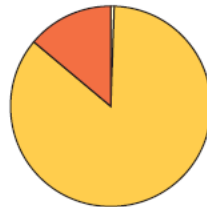


## Carbonate-rock aquifers

### Piedmont and Blue Ridge



### Valley and Ridge



## Limestone geology

- High in  $\text{CaCO}_3$  or  $\text{MgCO}_3$
- Higher TDS
- Hard water and high alkalinity
- Neutral pH

## EXPLANATION

### pH range

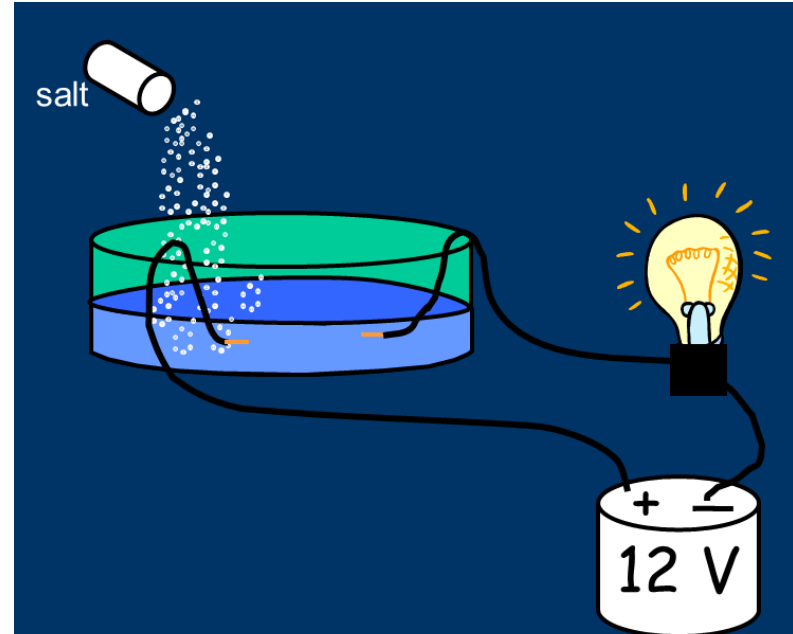
- Less than 6.5
- 6.5 to 7.5
- Greater than 7.5

# Major Dissolved Constituents

Conductivity ( $\mu\text{S cm}^{-1}$ ) = ability of water to conduct  $e^-$

Depends on the presence of dissolved ions.

**Conductivity  $\sim$  TDS  $\sim$  Hardness**



# Major Dissolved Constituents

**Particulate** (suspended) material:  $> 0.45\mu\text{m}$ , - human hair  $\sim 60\mu\text{m}$

clay, silt, sand, algae, etc.

add up as Total Suspended Solids = **TSS**

**Dissolved** material:  $< 0.45 \mu\text{m}$

Total Dissolved Solids = **TDS**

a. Dissolved salts

b. Nutrients



# Major Dissolved Constituents

## NITROGEN

- nitrate ( $\text{NO}_3^-$ )
- ammonium ( $\text{NH}_4^+$ )

## PHOSPHOROUS

- phosphate ( $\text{PO}_4^{3-}$ )



# Major Dissolved Constituents

**Particulate** (suspended) material:  $> 0.45\mu\text{m}$ , - human hair  $\sim 60\mu\text{m}$

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**Dissolved** material:  $< 0.45 \mu\text{m}$

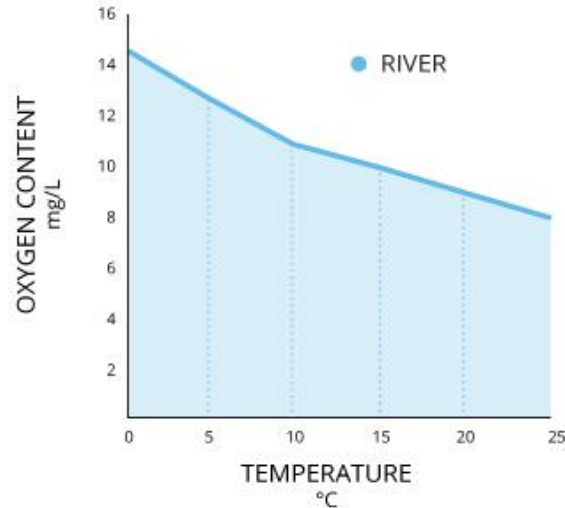
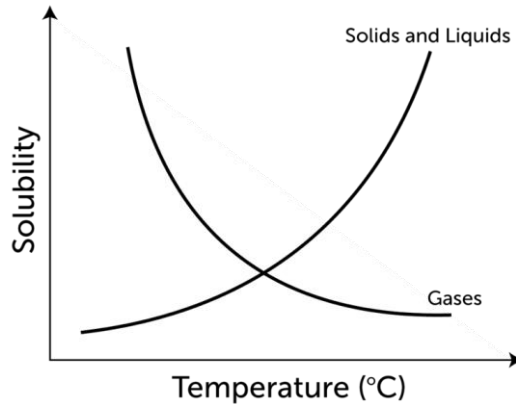
Total Dissolved Solids = **TDS**

- a. Dissolved salts
- b. Nutrients
- c. Dissolved gases

# Dissolved Gases

Most ecologically relevant: dissolved  $O_2$

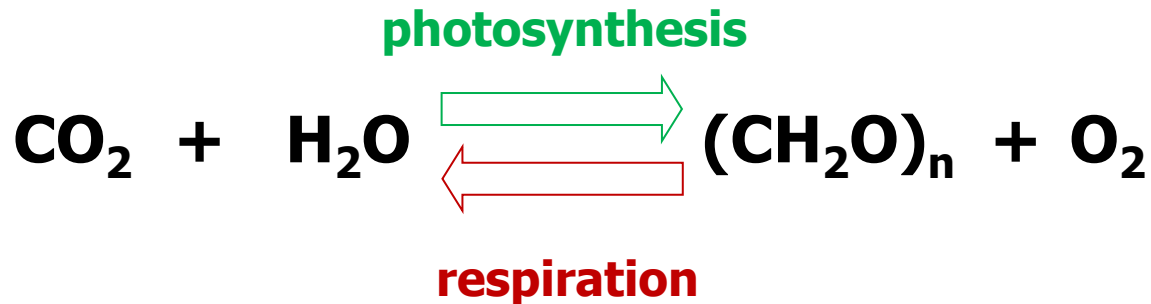
- Seek for equilibrium with atmosphere
- More soluble with warm temperatures



# Dissolved Gases

Most ecologically relevant:  $\text{CO}_2$  and  $\text{O}_2$

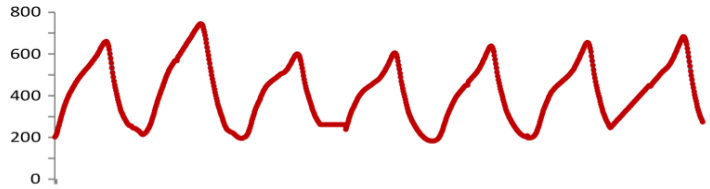
- Seek for equilibrium with atmosphere
- Their solubility varies with Temperature
- Biology consume and generate them



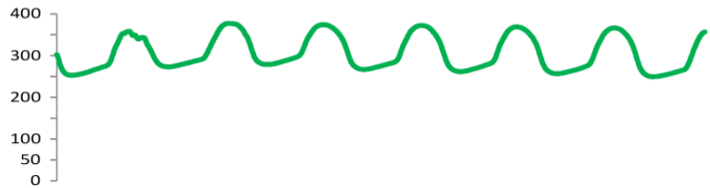


# Day-night variations in water chemistry

Nitrogen (as  $\text{NO}_3$ )



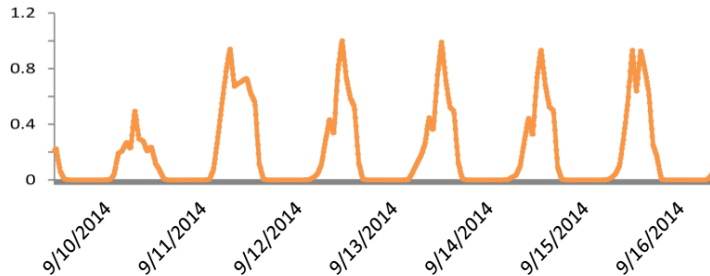
Dissolved Oxygen



temperature

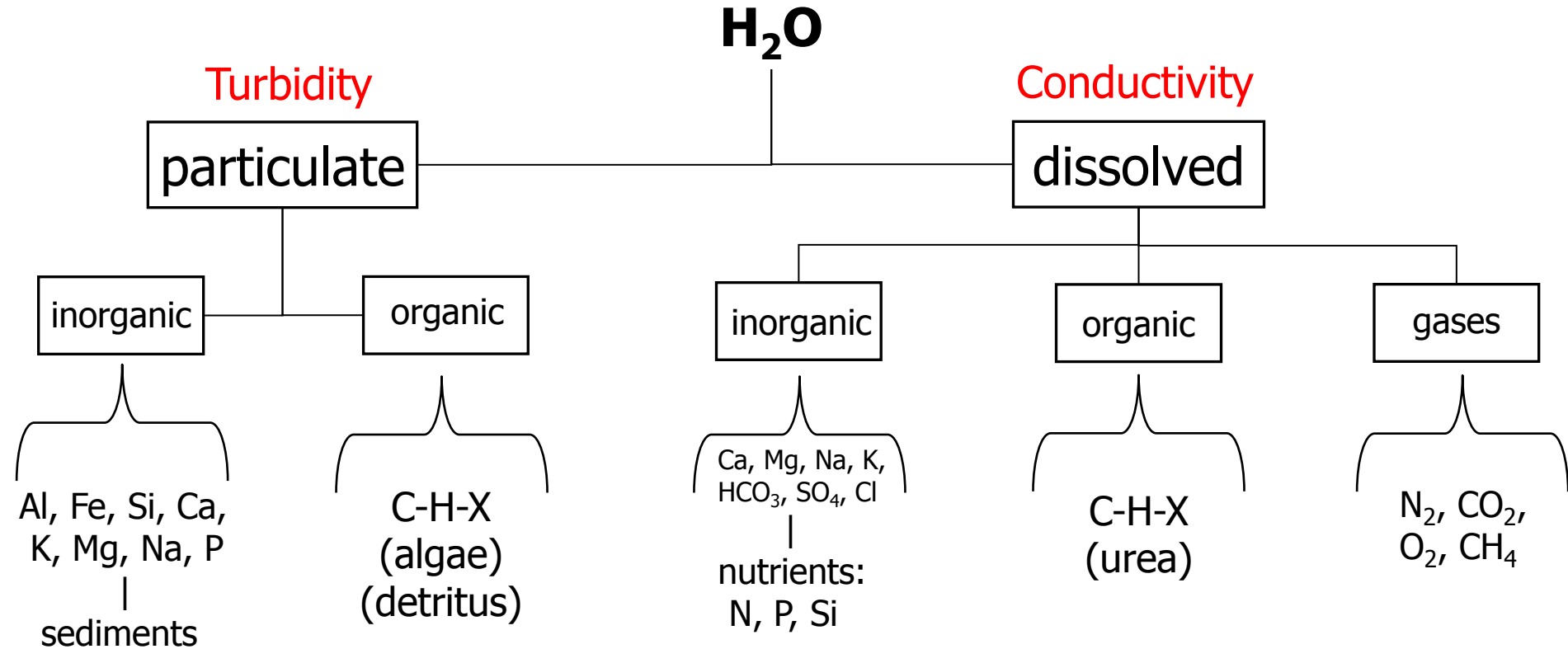


light



A typical week  
at the creek...

# What's in the water?



# How do we measure it?

**Concentration:** amount of solute in a given volume of water, (mass/volume)

Example : mg of  $\text{NO}_3/\text{L}$

**Load:** total mass transported per unit time.

concentration \* discharge = mass/time

Example : 3 mg of  $\text{NO}_3/\text{L}$  \* 1000 L/s = 3000mg  $\text{NO}_3/\text{s}$

# Outline

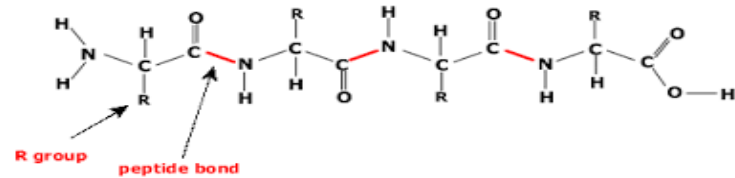
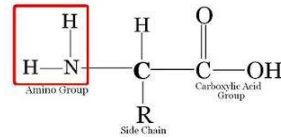
1. Introduction and Natural Conditions
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# Nitrogen and Phosphorous

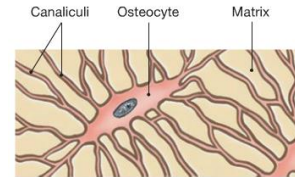
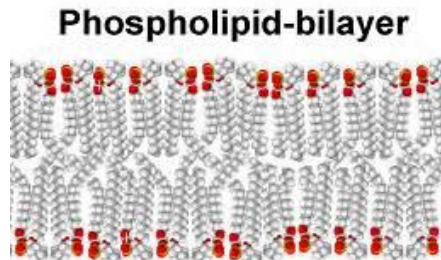


# Nitrogen and Phosphorous

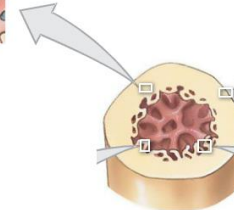
nitrogen (N) – needed for proteins, enzymes, nucleic acids



phosphorus (P) – ATP, membranes, apatite (bones)



**Osteocyte:** Mature bone cell that maintains the bone matrix.

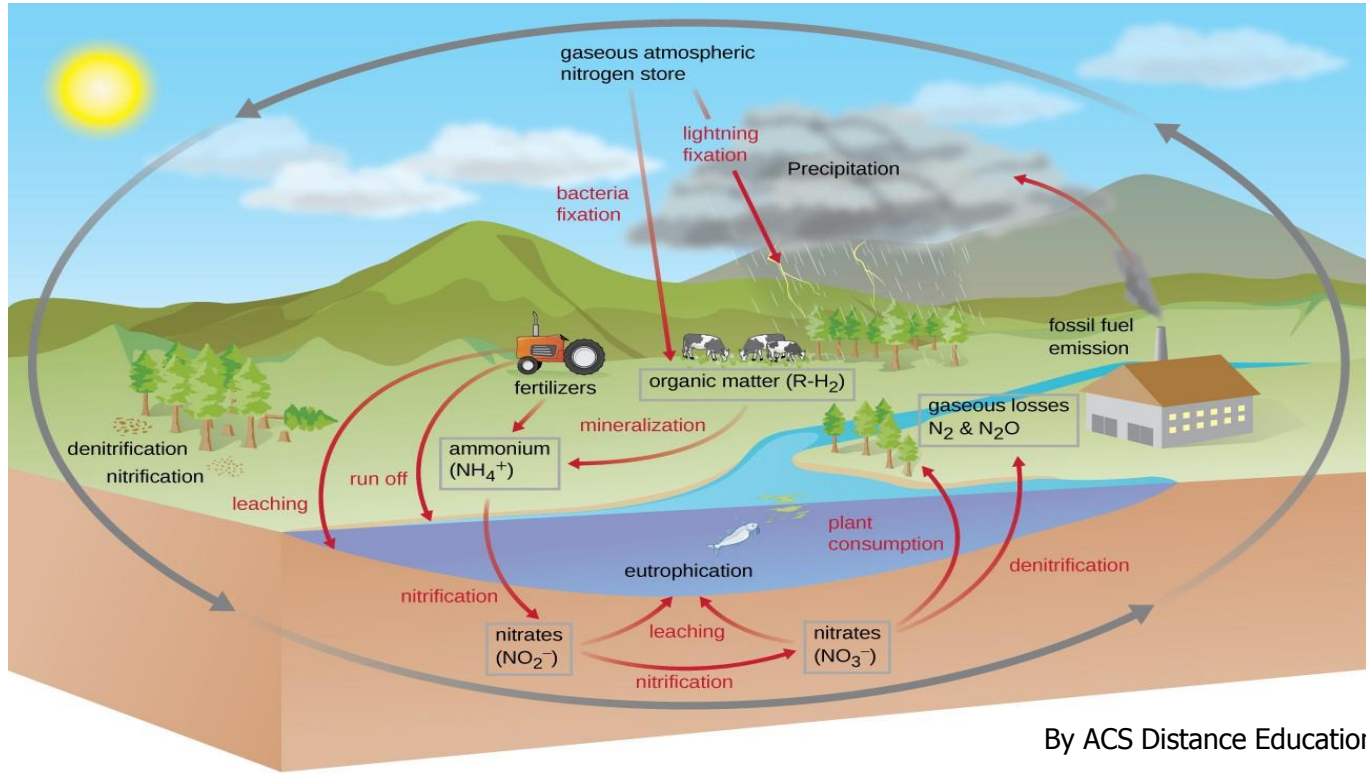


# Global Nitrogen Reservoirs

Nitrogen Reservoir	Petatonnes nitrogen	Actively cycled
<b>Atmosphere</b>	3.9	No
<b>Ocean</b>		
inorganic	0.0069	Yes
Biomass	0.000052	Yes
<b>Continental</b>		
inorganic	0.0011	Slow
Biomass	0.00025	Yes

N is the 5<sup>th</sup> most abundant element in the universe

# Global Nitrogen Cycle

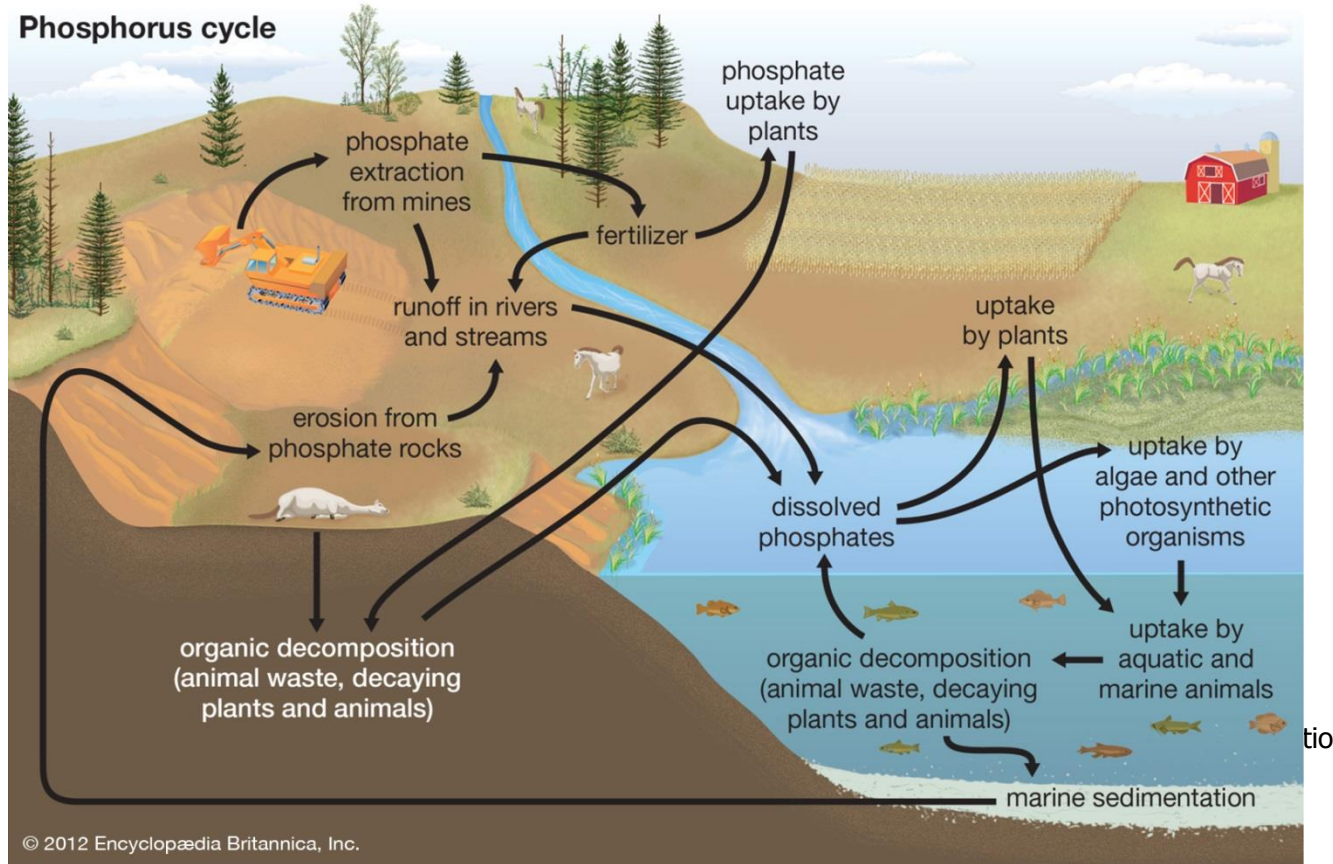


By ACS Distance Education

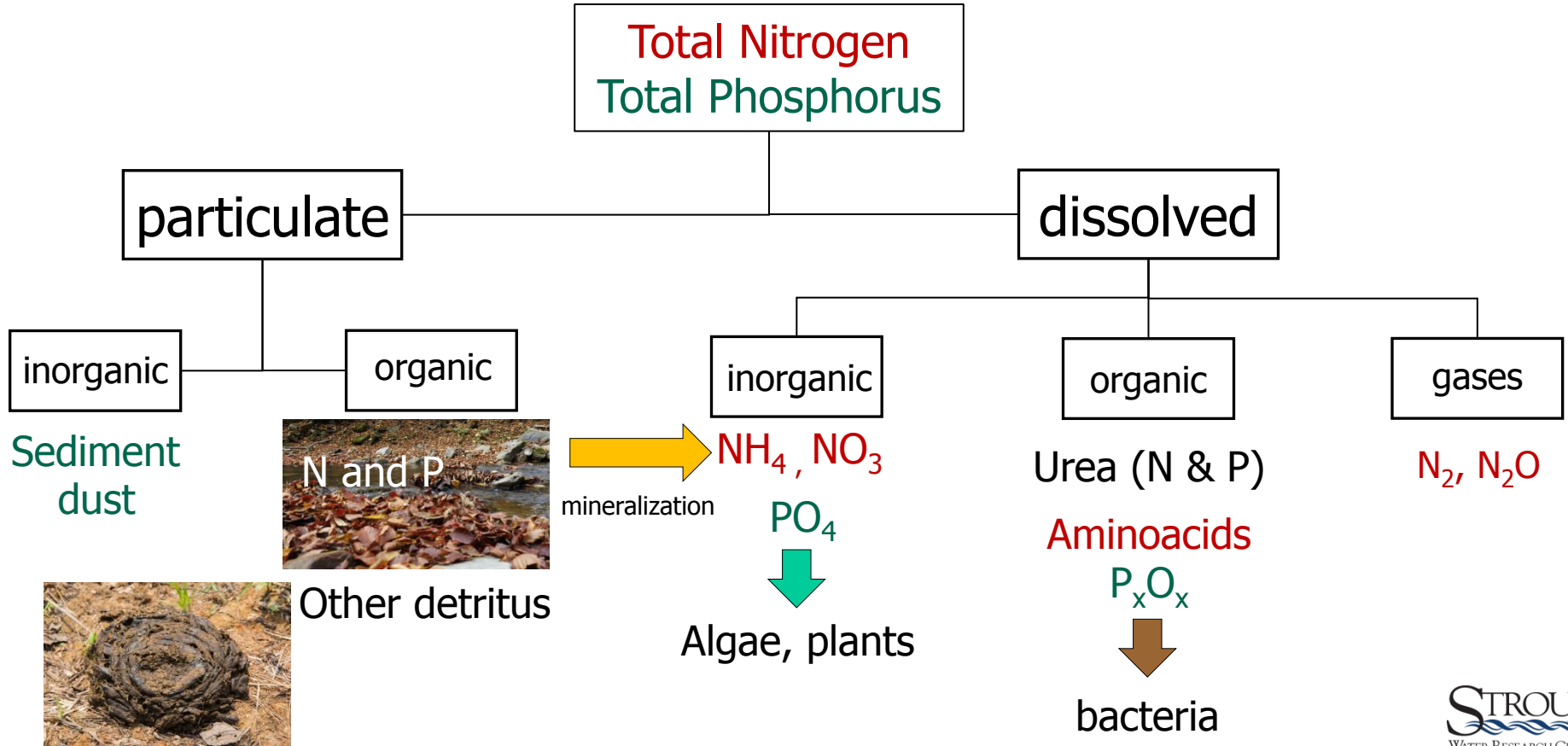
# Phosphorous in the Biosphere

Phosphorous Reservoir	Gigatonnes Phosphorous	Actively cycled
<b>Atmosphere</b>	0.000001	No
<b>Ocean</b>		
Inorganic	0.3	Yes
Living biomass	1.2	Yes
Dead biomass	11.4	Slow
<b>Continental</b>		
Inorganic (mostly apatite)	108	Slow
Living biomass	0.4	Yes
Dead biomass	2.9	Yes

# Global Phosphorous Cycle



# Nutrient forms





# Outline

## 1. Introduction and Natural Conditions

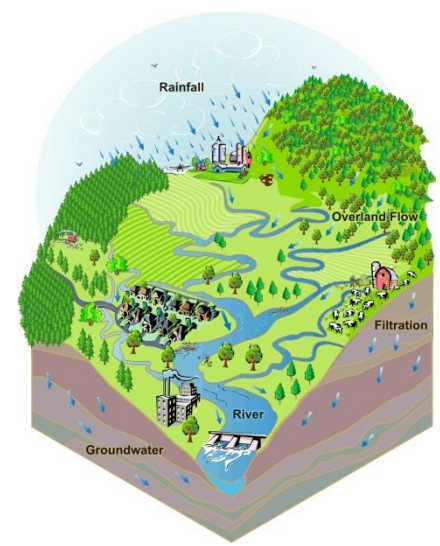
- a. What's in the water?
- b. How do we measure it?
- c. Nitrogen and Phosphorous Cycles

## 2. Urban and Agricultural Impacts

- a. Sources and processes
- b. How do N and P get to the stream?

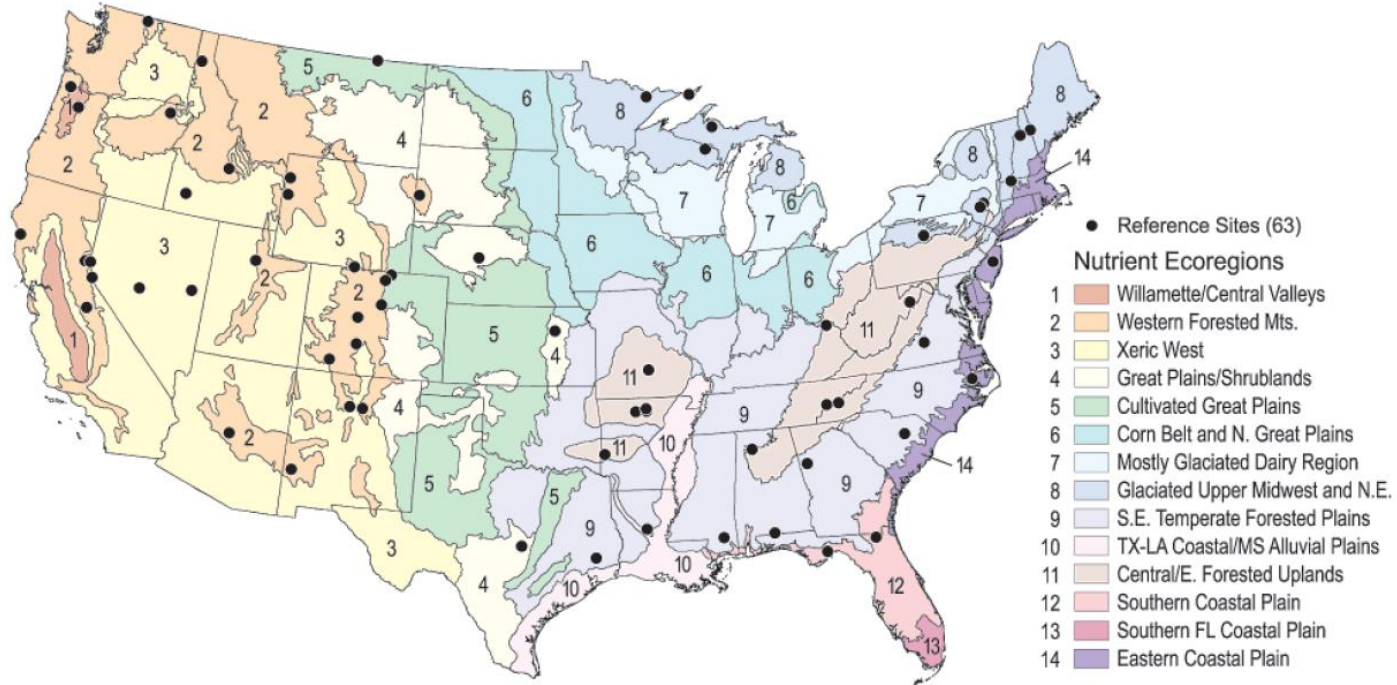
## 3. Effects and Efficacy of Remediation

- a. Riparian buffers/Farming practices
- b. Stormwater BMPs
- c. Are we cleaning our waters?



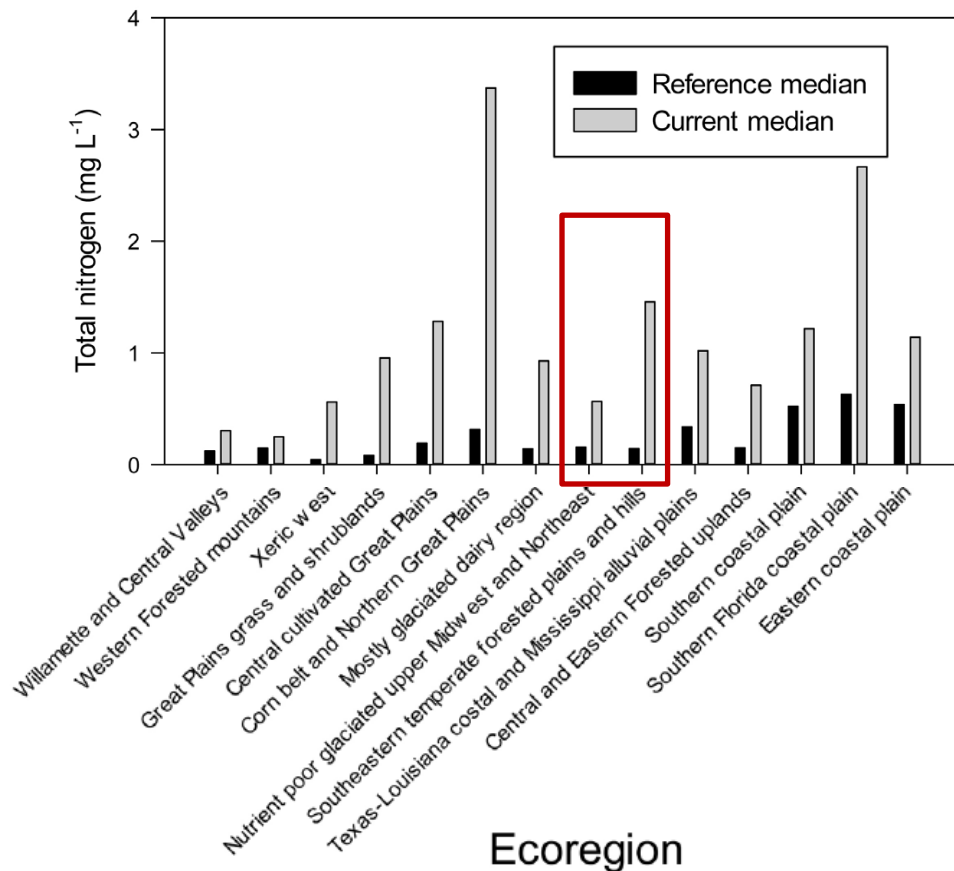
# Urban and Agricultural Sources

# Reference Conditions



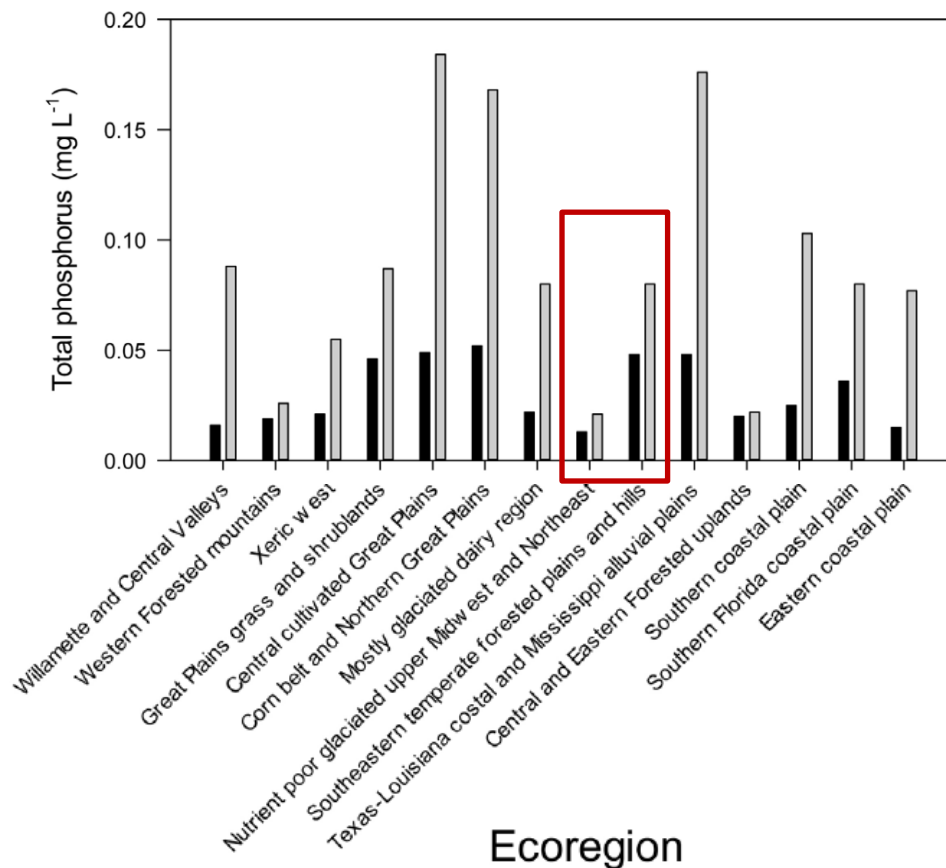
# Reference Conditions

x5 times over  
reference values  
for Total N

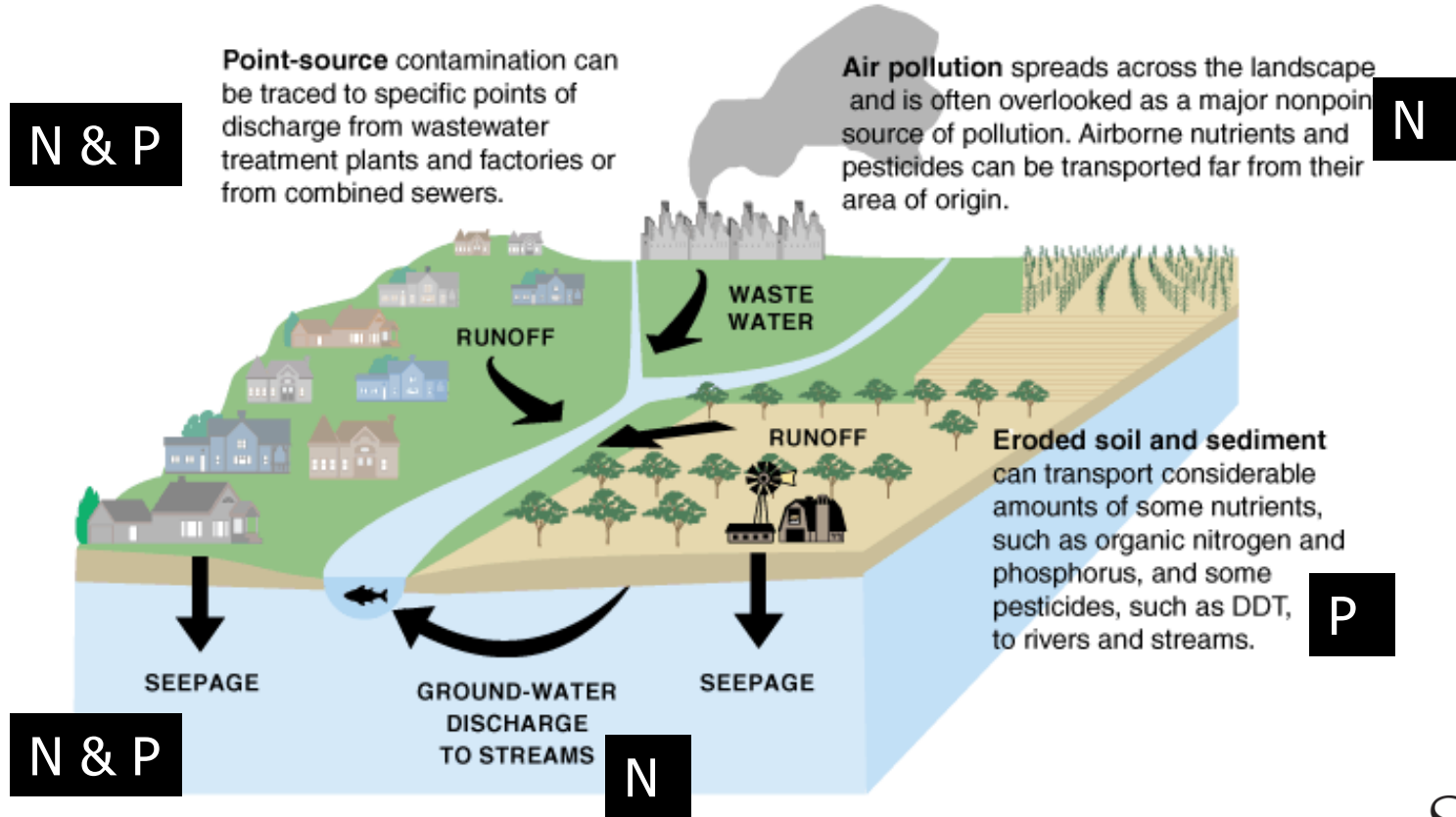


# Reference Conditions

X0.5 times over  
reference values  
for Total P



# How did we get here?





# Agricultural Nutrient Sources

## 1. Fertilizers

### a. Synthetic

## Nitrogen Fixation



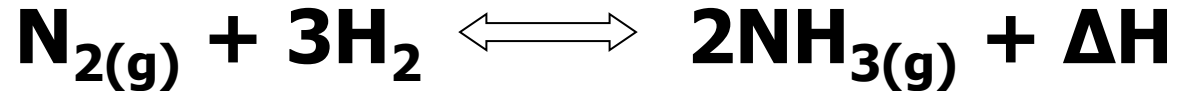
# Human Influence on Nitrogen Fixation



**Nitrogen Gas**



**Haber-Bosch process**



*Fritz Haber*



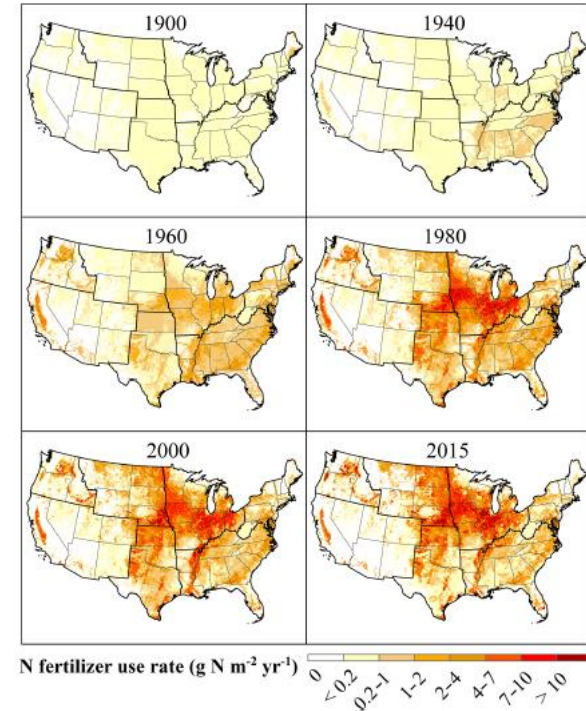
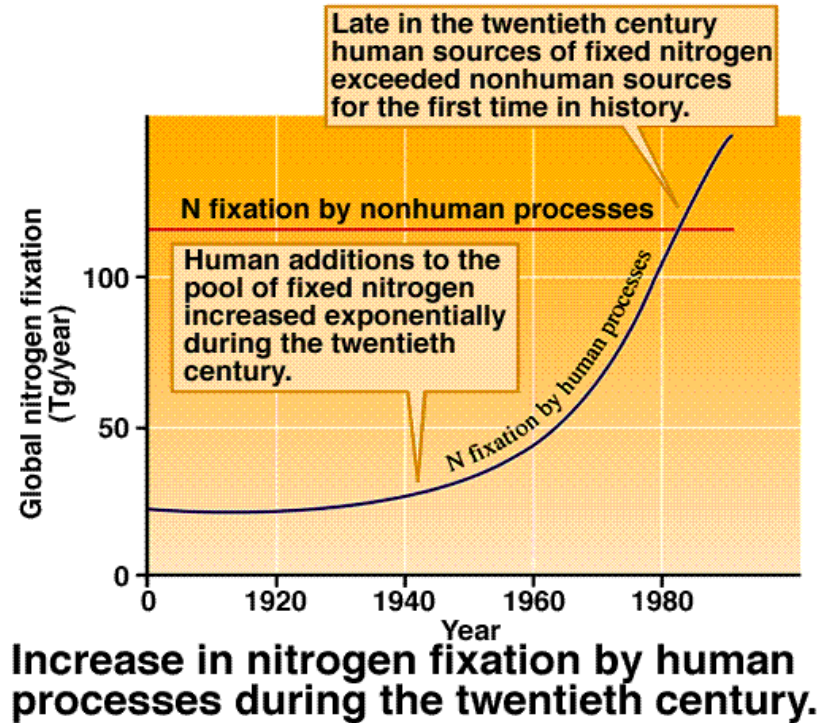
*nobelprize.org*

*Carl Bosch*



*Sci. and Soc.  
Pict. Lib.*

# Human Influence on Nitrogen Fixation

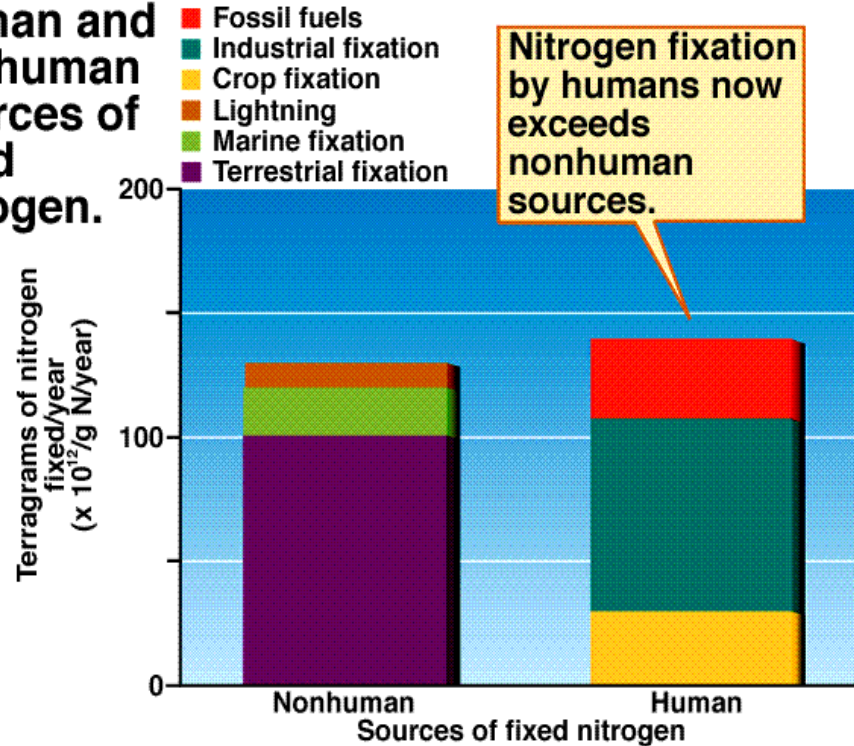


Cao et al. 2018

# Human Influence on Nitrogen Fixation

Manuel C. Molles, Jr., *Ecology: Concepts and Applications*, © 1999 The McGraw-Hill Companies, Inc. All rights reserved.

**Human and nonhuman sources of fixed nitrogen.**



# Agricultural Nutrient Sources

## 1. Fertilizers

- a. Synthetic
- b. Organics (manure)

# Agricultural Nutrient Sources

Estimated nitrogen (N) and phosphorus (P) produced from animal manure in 2007 (EPA).

State	Estimated animal manure	Estimated animal manure	Estimated animal manure per farm land area (kg of N/km <sup>2</sup> )	Estimated animal manure per farm land area (kg of P/km <sup>2</sup> )
Delaware	20,080	5,994	9,729	2,880
North Carolina	215,818	80,115	6,201	2,302
Maryland	37,297	10,548	4,474	1,265
Pennsylvania	125,555	32,946	3,978	1,044
Georgia	158,802	48,575	3,810	1,165
Alabama	133,956	41,438	3,678	1,138
Vermont	15,934	3,047	3,201	612
Iowa	398,551	144,981	3,198	1,163
California	327,287	75,388	3,184	733
Arkansas	179,024	56,005	3,183	996
Virginia	102,834	30,895	3,137	943
Wisconsin	191,761	42,098	3,117	684



# Agricultural Nutrient Sources

1. Fertilizers
  - a. Synthetic
  - b. Organics (manure)
2. Livestock residues



# Agricultural Nutrient Sources

## The problem with Herbivores....

- Imbalanced diet
- Only assimilate 50%
- They eat constantly
- Excrete 50% of it which is more bioavailable than it was before

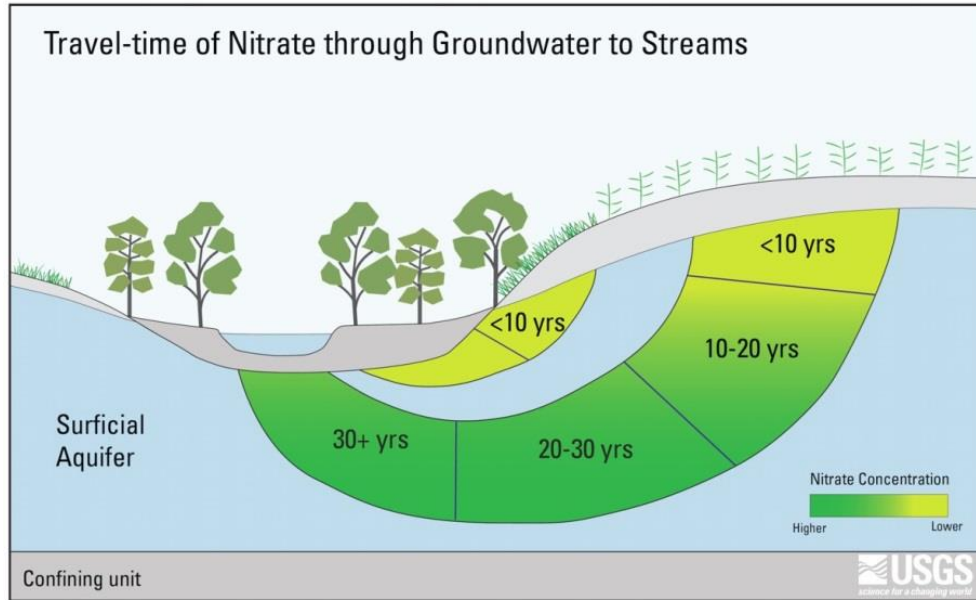


# Agricultural Nutrient Sources

1. Fertilizers
  - a. Synthetic
  - b. Organics (manure)
2. Livestock residues
3. Groundwater contamination

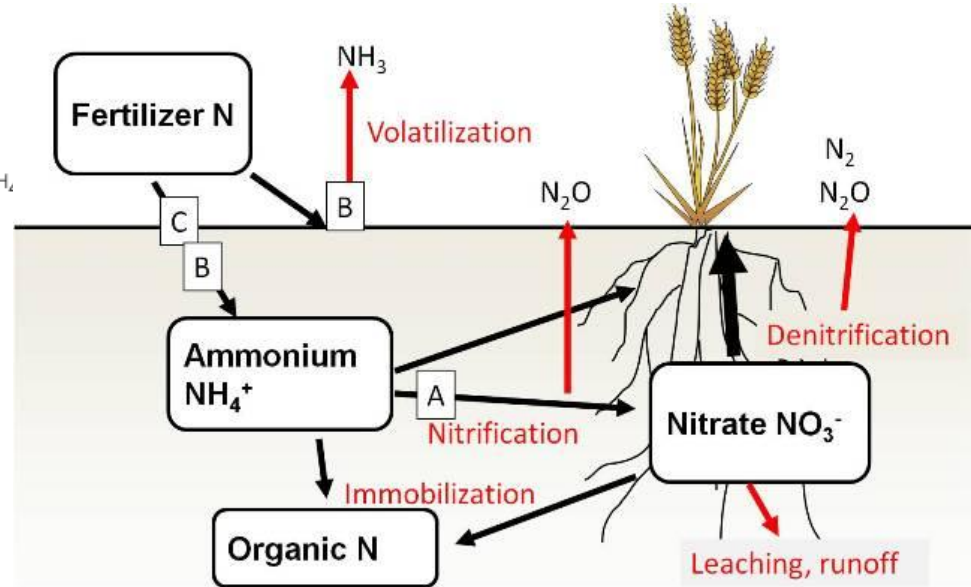
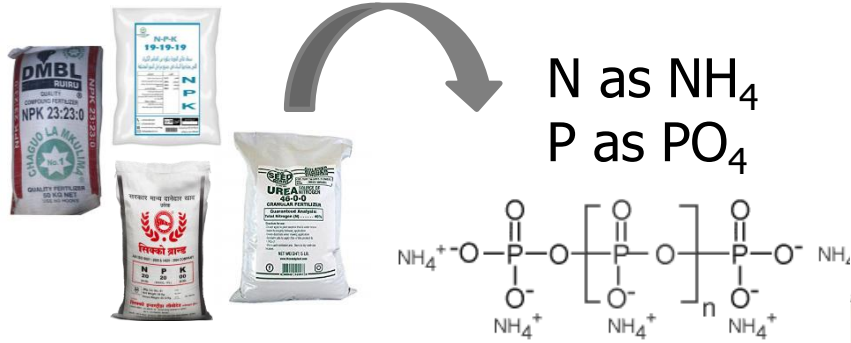
# Agricultural Nutrient Sources

It can take a long time to clean a watershed



Why nitrate?

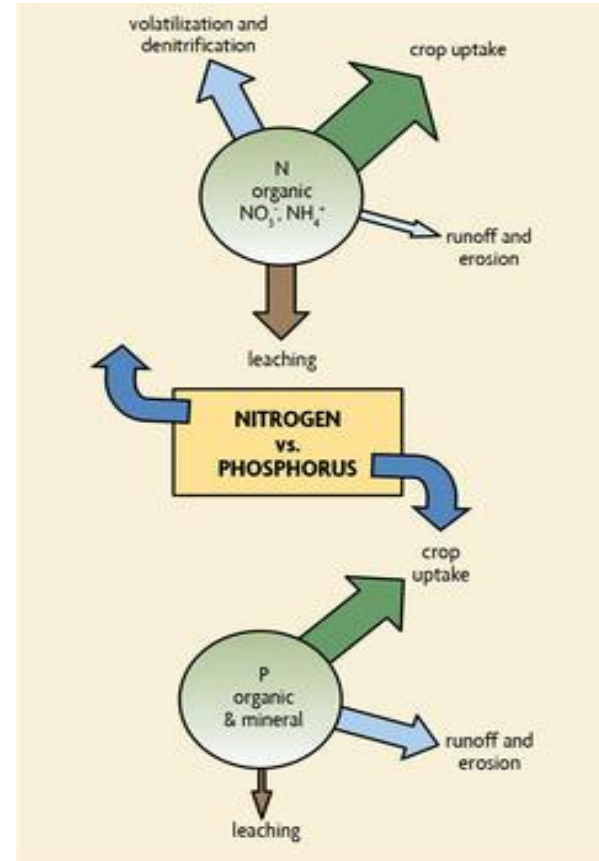
# Agricultural Nutrient Sources





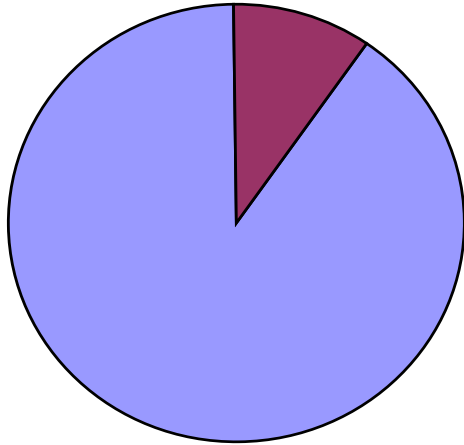
# Agricultural Nutrient Sources

How does N and P end up in agricultural streams?



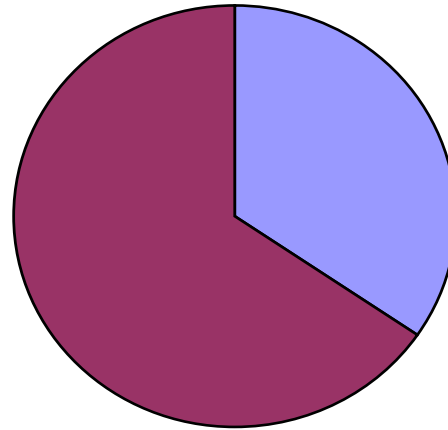
# Agricultural Nutrient Sources

Most nitrogen enters  
via **baseflow**



NITROGEN

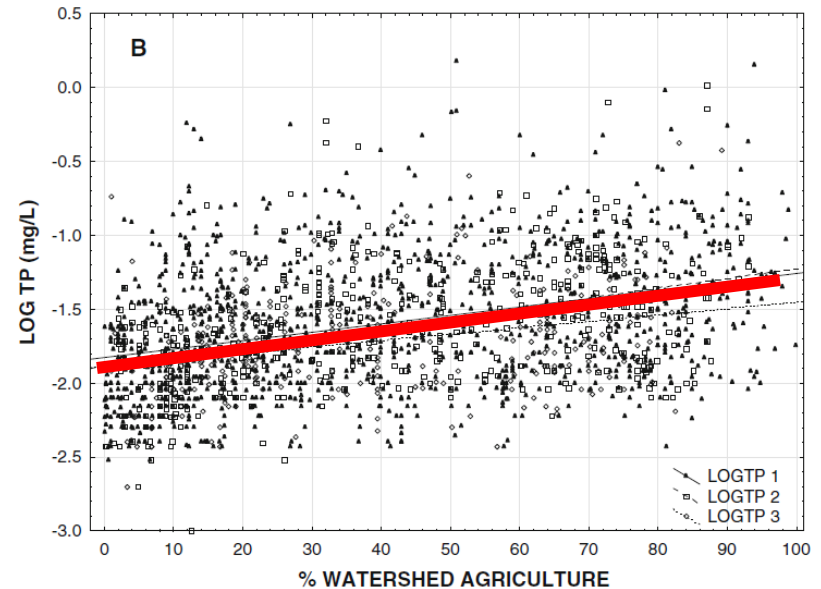
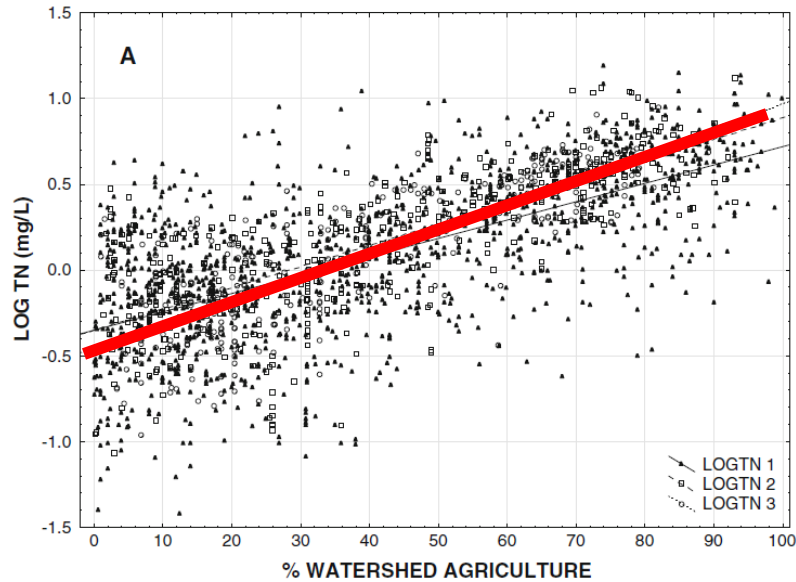
Most phosphorus  
enters via **stormflow**



PHOSPHORUS



# Agricultural Nutrient Sources



Maryland Biological Stream Survey (Morgan et al. 2012)  
total nitrogen (TN) and total phosphorus (TP) of small-order

# Differences between N and P in the watershed

## Nitrogen

- Available from decomposing soil • organic matter.

## Phosphorus

- Available from organic matter and minerals.

# Urban Sources

## 1. Lawn fertilizers

 <p><b>NITROGEN</b> Helps with leaf development and makes your lawn green</p>	 <p><b>PHOSPHOROUS</b> Aids in root growth</p>	
 <p><b>POTASSIUM</b> Vital for disease resistance and root development</p>	<p>Numbers on the bag are percentages. For example, 16-4-8 is 16% nitrogen, 4% phosphorous, and 8% potassium.</p>	



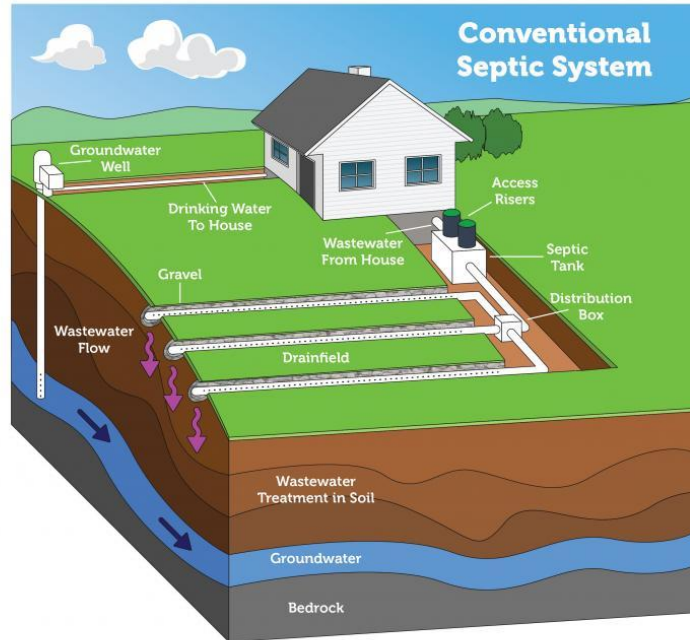
# Urban Sources

1. Lawn fertilizers
2. Sewage (grey infrastructure)



# Urban Sources

1. Lawn fertilizers
2. Sewage
3. Septic



# Urban Sources

1. Lawn fertilizers
2. Sewage
3. Septic
4. Stormwater

Green  
infrastructure



Grey  
infrastructure



# Urban Sources

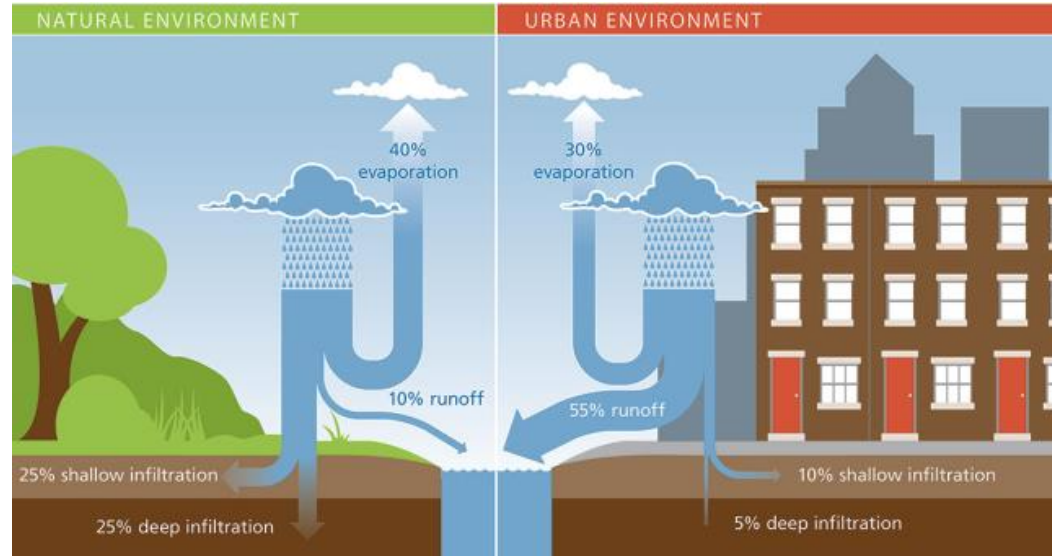
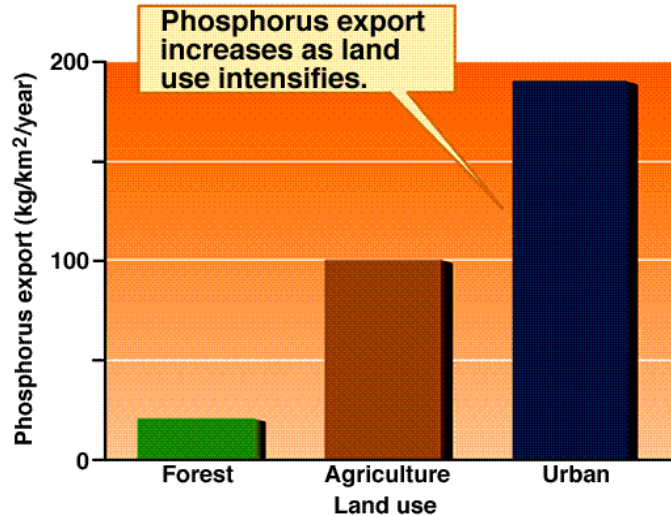
1. Lawn fertilizers
2. Sewage
3. Septic
4. Stormwater
5. Industrial sources





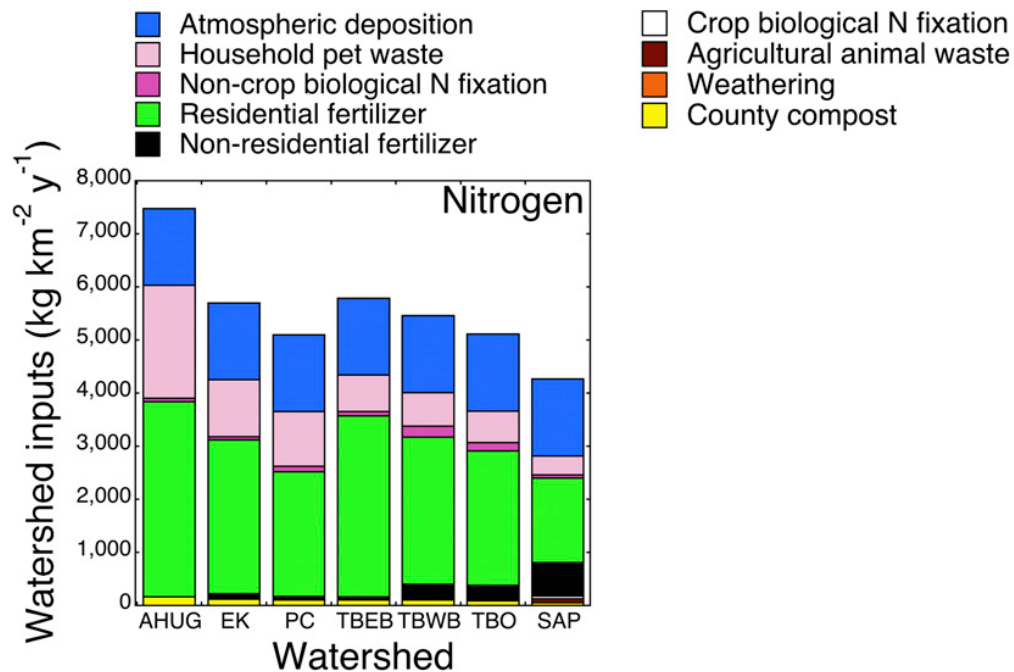
# Urban Sources

How does N and P end up in urban streams?



+ urban development → more P and at high-flows

# How does N and P end up in urban streams?

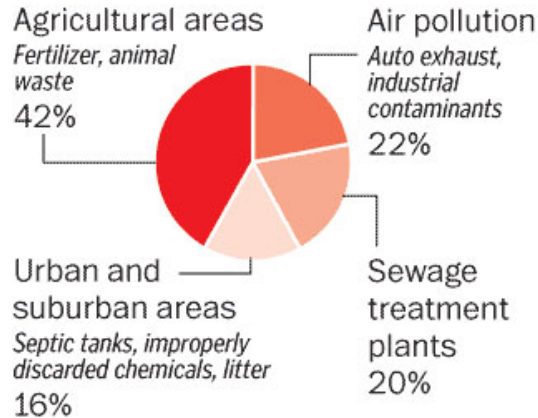


Urbanization

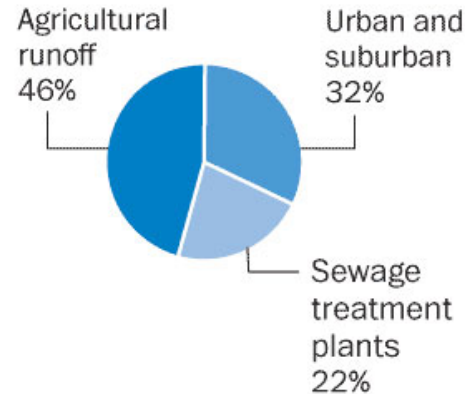
# Agricultural and Urban Impacts on Watersheds

## In the Chesapeake Bay Watershed

### Nitrogen runs into the bay from...



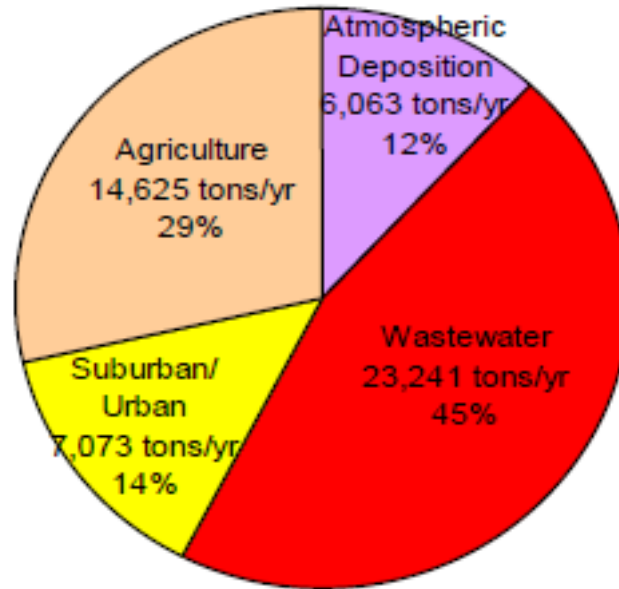
### Phosphorus comes from...



# Agricultural and Urban Impacts on Watersheds

In the Delaware River Watershed

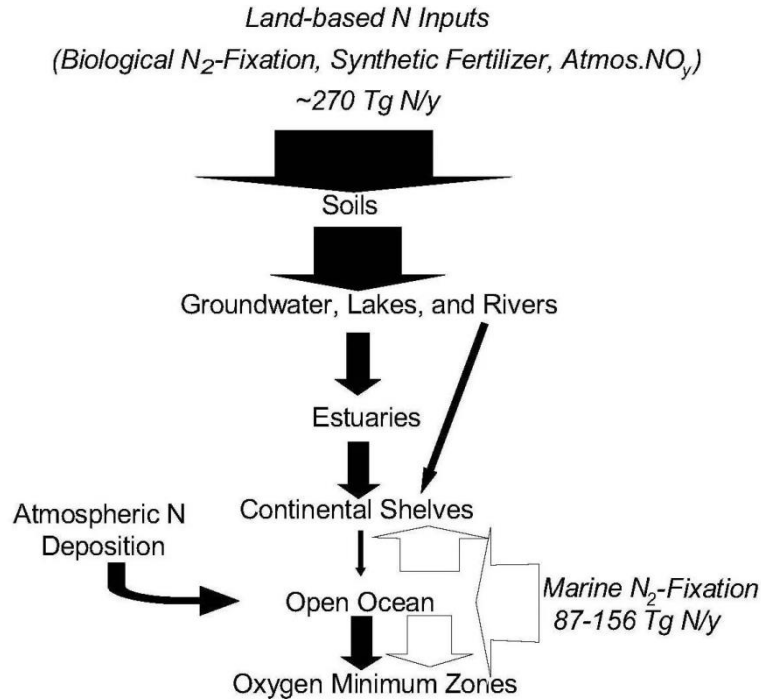
**Nitrogen Loads  
Delaware River Basin**



# Agricultural and Urban Impacts on Watersheds

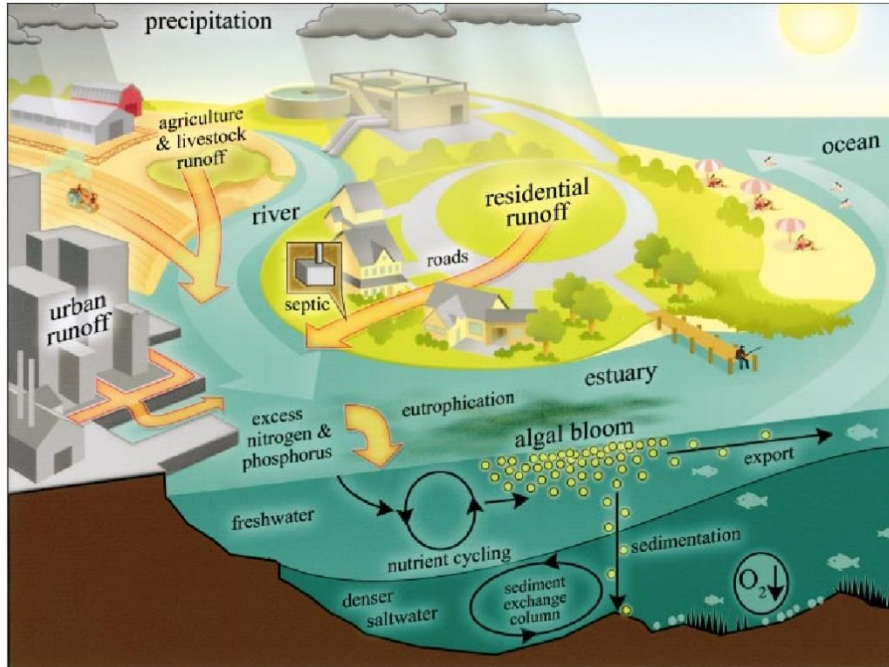
Consequences of increasing loads of nutrients in urban and agricultural watersheds...

# Freshwater Eutrophication



Vast majority of land-based N inputs disappear in terrestrial ecosystems (soils) and at the interface between terrestrial and aquatic environments (groundwater, lakes and rivers).  
Seitzinger et al. ([2006](#)).

# Eutrophication



## Causes:

- Warm Temperatures
- High N or High P or High N&P
- Light

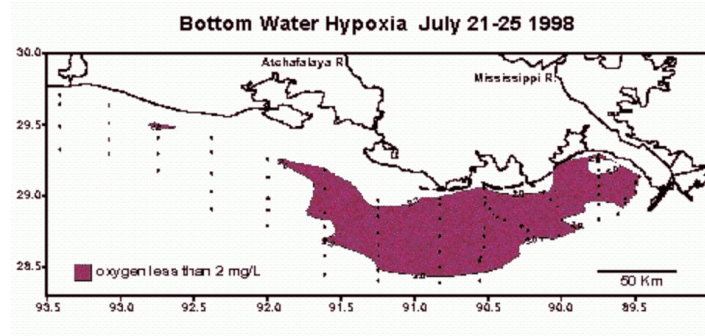
## Consequences:

- Biomass growth
- Temporal Loss of biodiversity
- Anoxia
- Permanent Loss of biodiversity



# Marine Eutrophication

## Anoxic zone in the Gulf of Mexico

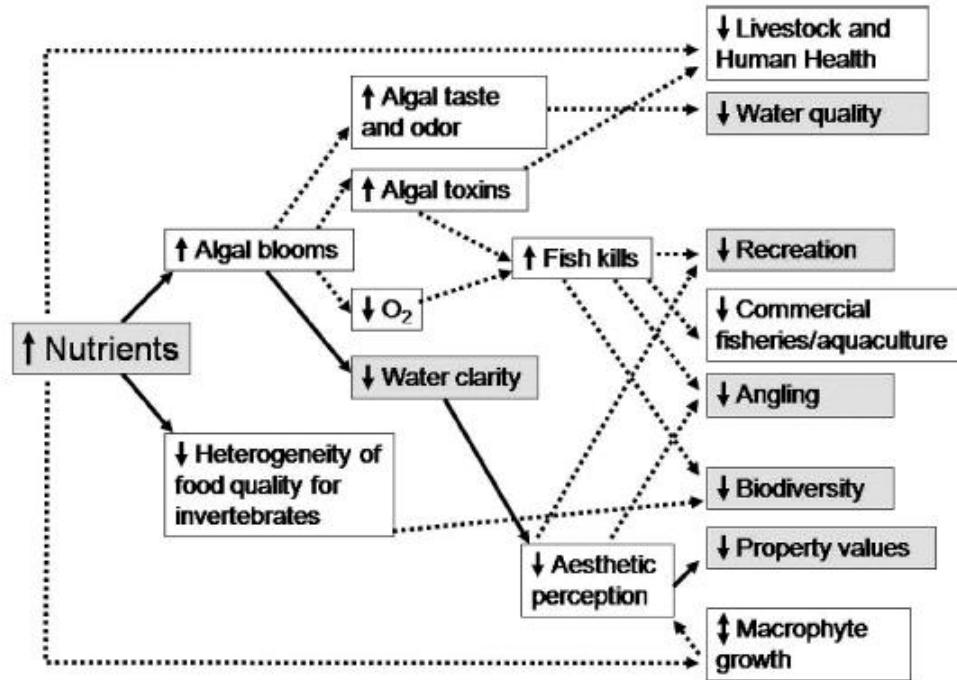


## Algal blooms in Great lakes

## Algal blooms in the Bays



# Eutrophication in Running Waters



# Eutrophication in Running Waters

Nitrogen Enrichment	Phosphorus enrichment
Decline in species numbers	Decline in species numbers
Decline in rare species	Decline in numbers of rare species
Decline in mosses	Decline in mosses
Increase in <i>Lemna</i> sp	Increase in <i>Cladophora</i> , <i>Enteromorpha</i> , <i>Potamogeton pectinatus</i> , <i>Sparganium erectum</i> , <i>Apium nodiflorum</i> and <i>Lemna minor</i>



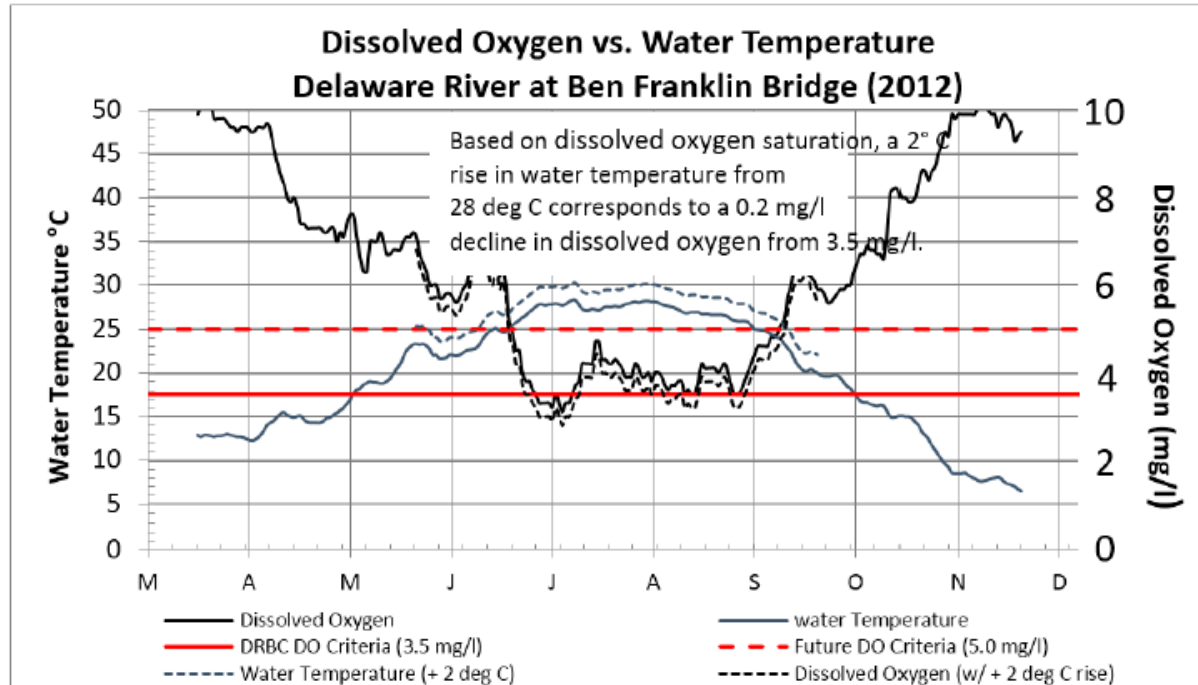
# Stream Eutrophication

## Effluents of sewage treatment facilities



Flow direction

# River Eutrophication





# Outline

## 1. Introduction and Natural Conditions

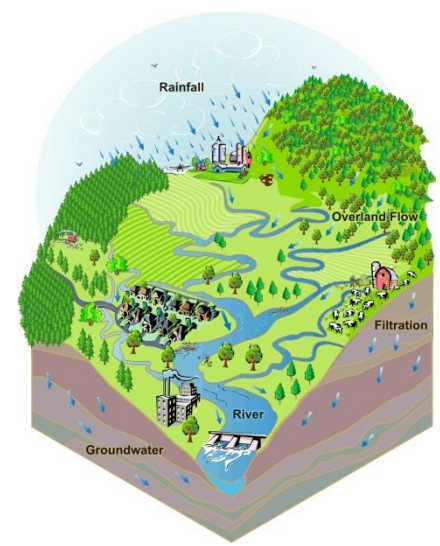
- a. What's in the water?
- b. How do we measure it?
- c. Nitrogen and Phosphorous Cycles

## 2. Urban and Agricultural Impacts

- a. Sources and processes
- b. How do N and P get to the stream?

## 3. Effects and Efficacy of Remediation

- a. Riparian buffers/Farming practices
- b. Stormwater BMPs
- c. Are we cleaning our waters?



# Riparian Buffers/Farming Practices



# Riparian Buffers



# Riparian Buffers

Riparian  
Forest Buffer

Forest Buffer

- critical for in-stream ecosystem services
- intercepts some nutrients & sediment

Ag Fields

Level-Spreader

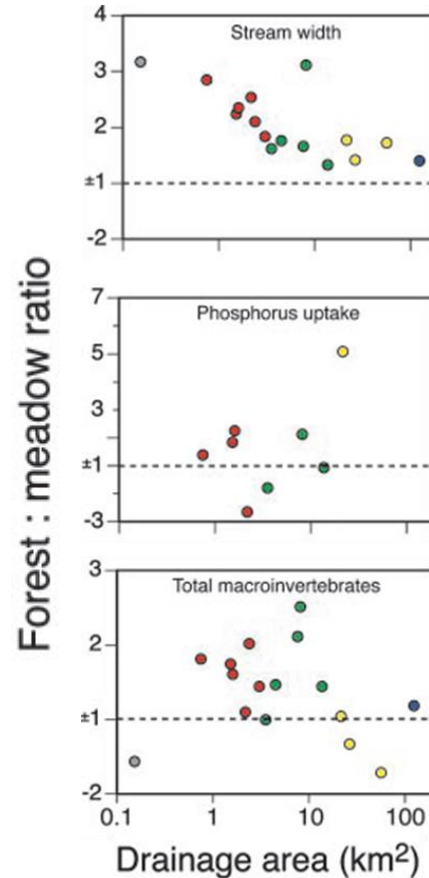
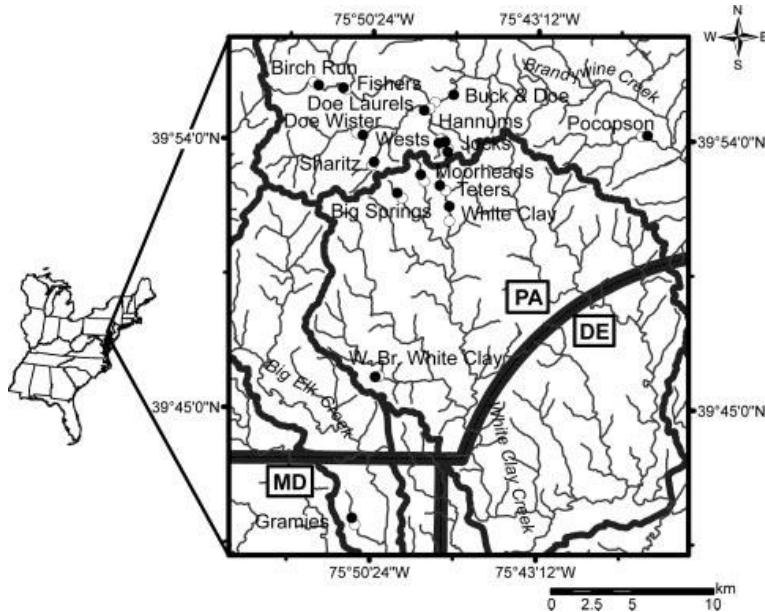
Level-Spreader

- intercepts and infiltrates runoff, removes sediment
- increases nutrient filtration by forest buffer



# Riparian Buffers

## Ecosystem Services of Riparian Buffers



# Riparian Buffers

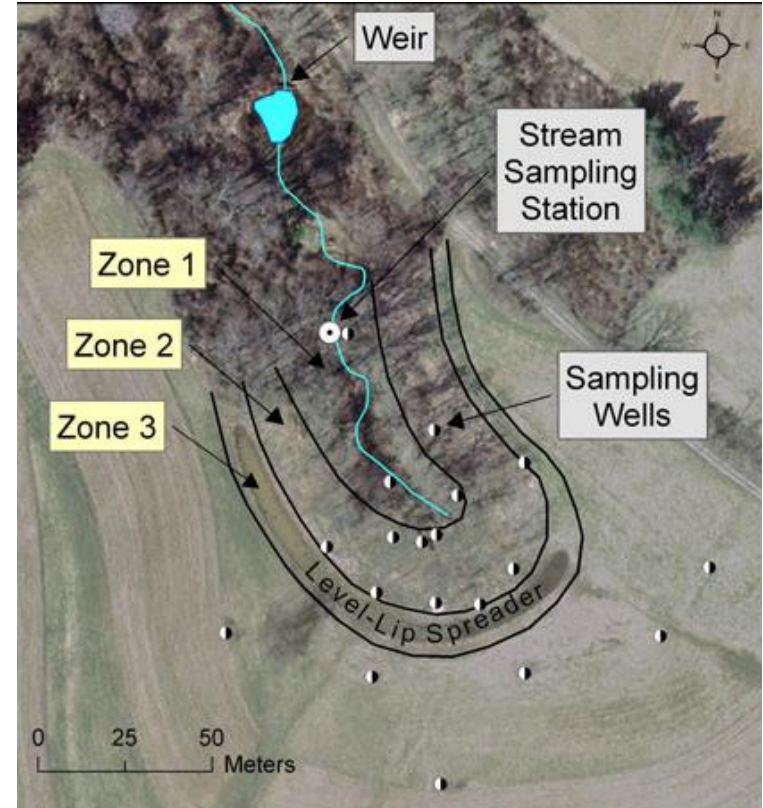
## Case study: The Stroud Preserve



# Riparian Buffers: The Stroud Preserve

## Proof of Concept:

- 1) Demonstrate ability of riparian reforestation to improve water quality
- 2) Assess time needed to achieve full benefit of restoration





# Riparian Buffers: The Stroud Preserve



Trees planted in 1992



Level-lip spreader  
1994

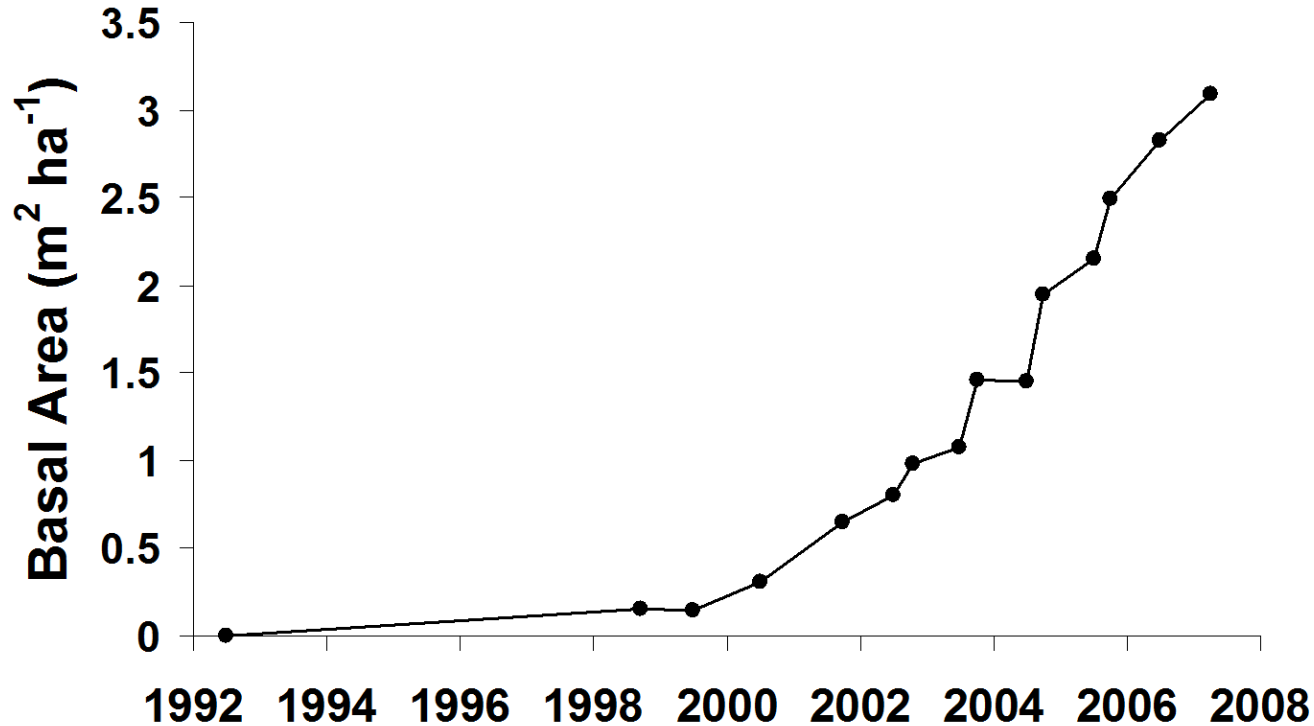


1999



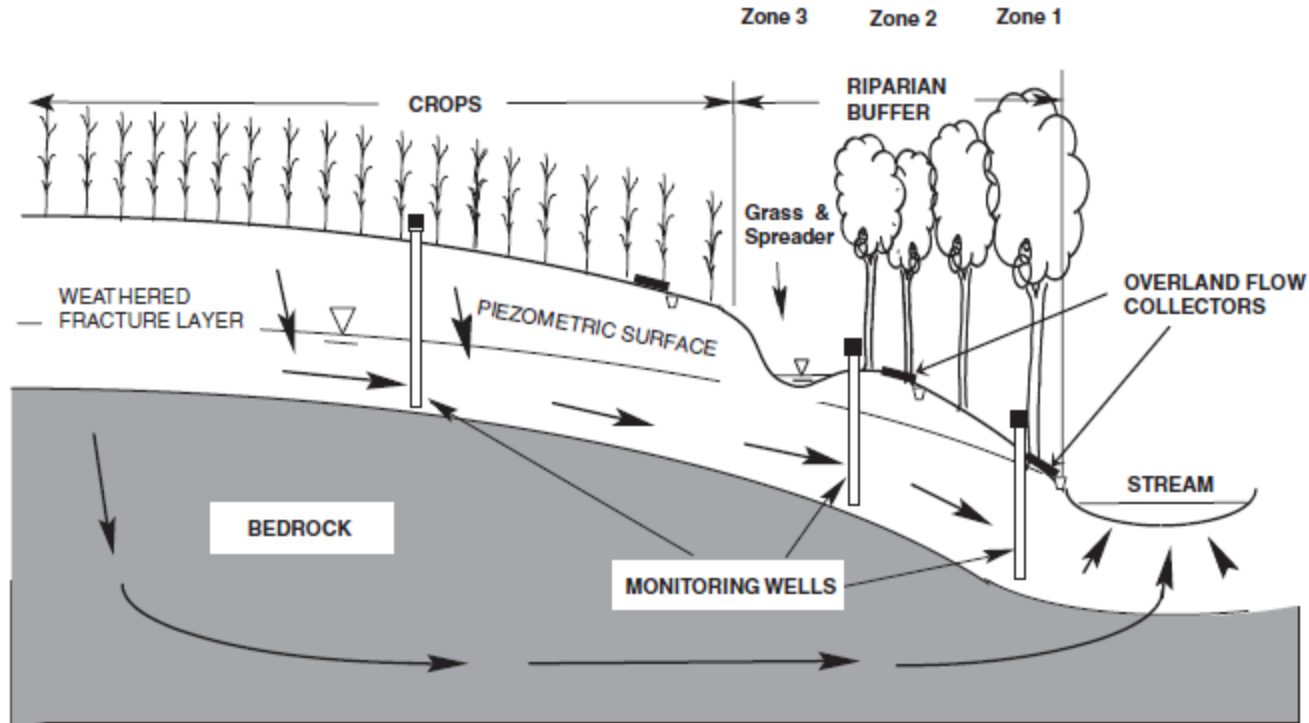
2006

# Riparian Buffers: The Stroud Preserve



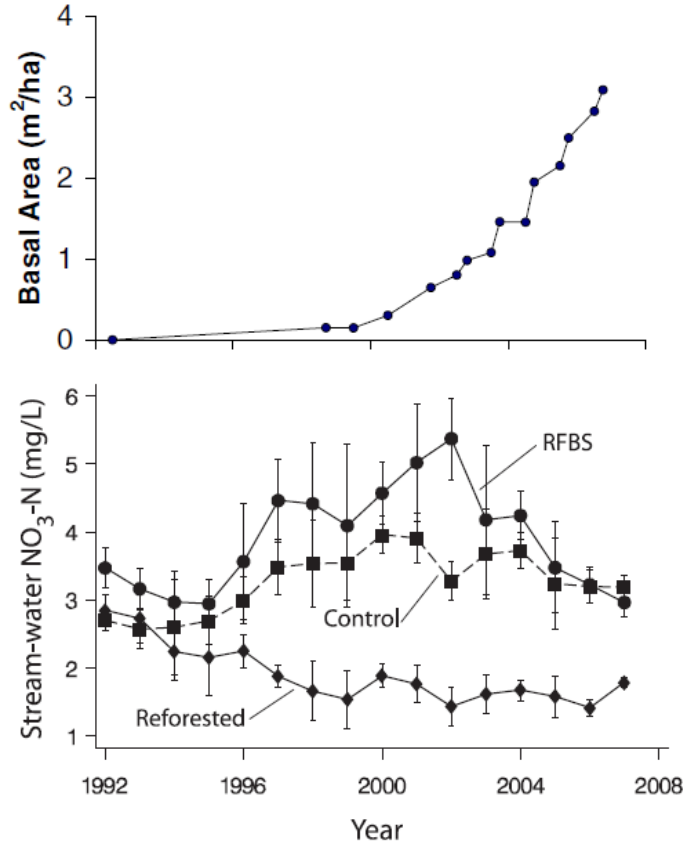


# Riparian Buffers: The Stroud Preserve

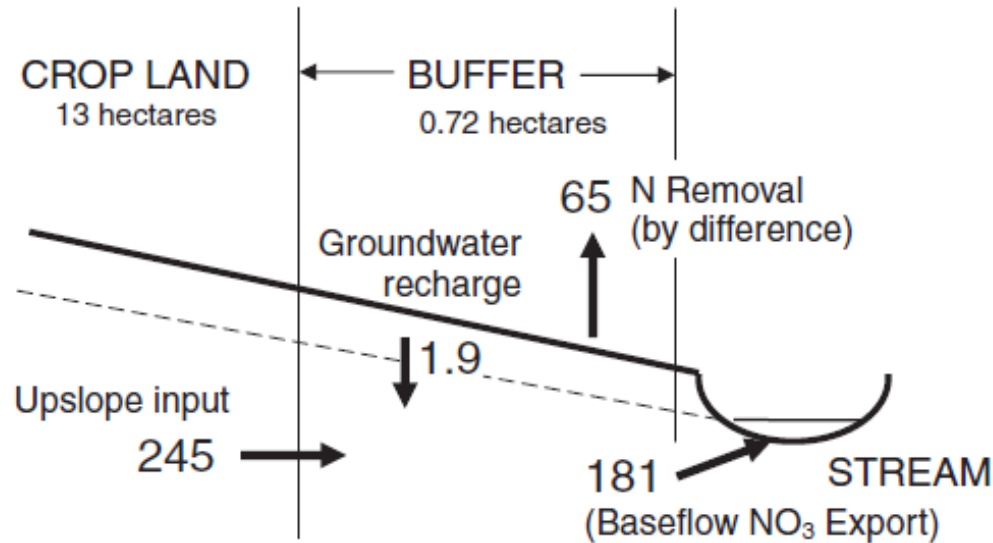


# Riparian Buffers: The Stroud Preserve

- N pollution decreasing as buffer grows
- N enters via baseflow (leaching)

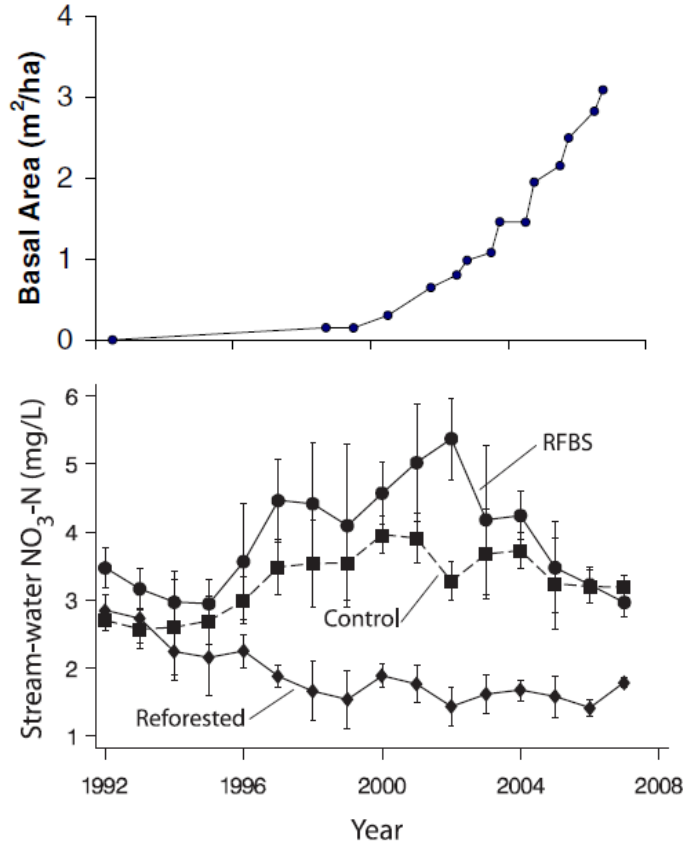


# Riparian Buffers: The Stroud Preserve



26% of upslope subsurface N inputs

# Riparian Buffers: The Stroud Preserve



- N pollution decreasing as buffer grows
- N enters via baseflow (leaching)
- P pollution unaffected
- P enters via stormflow (runoff)
- But TSS was reduced by 43%, and particular P was 22% lower on average

# Riparian Buffers: The Stroud Preserve

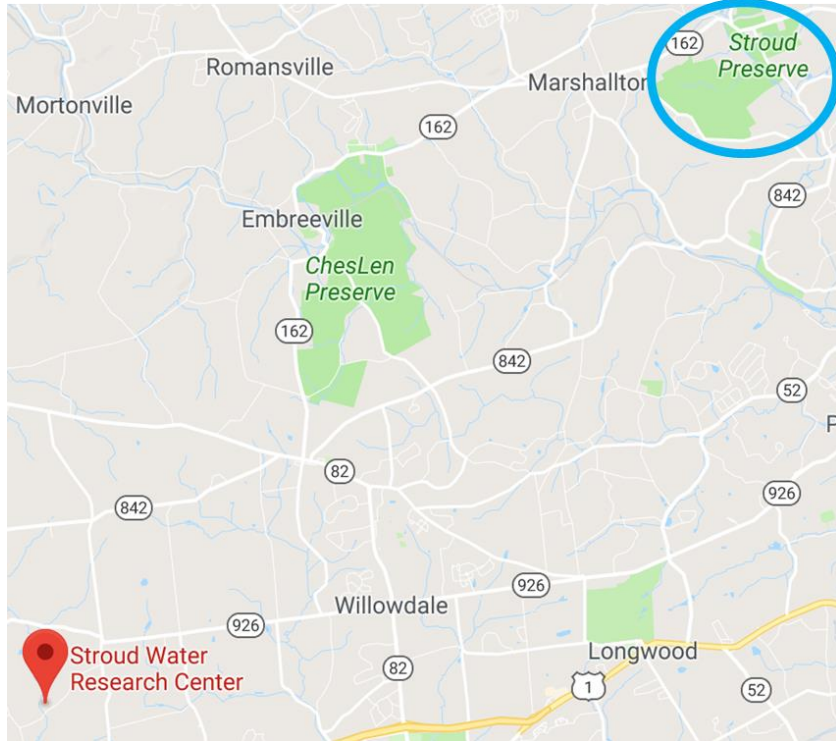
- The riparian buffer removes  $\sim 26\%$  of nitrate from subsurface flow.
- The riparian buffer removes  $\sim 40\%$  of sediment from overland flow.
- The spreader removes  $\sim 26\%$  of particulate phosphorus, but removal by buffer system is not significant.

# The Stroud Preserve

The work continues: 2018-2023



# Farming Practices: The Stroud Preserve



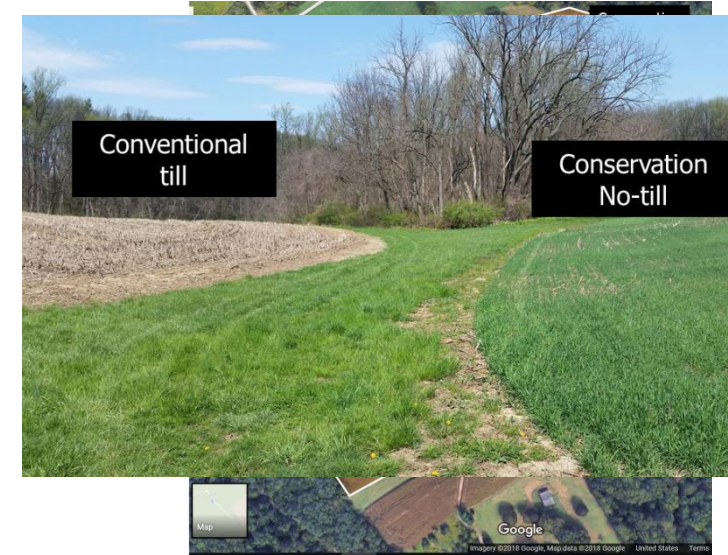
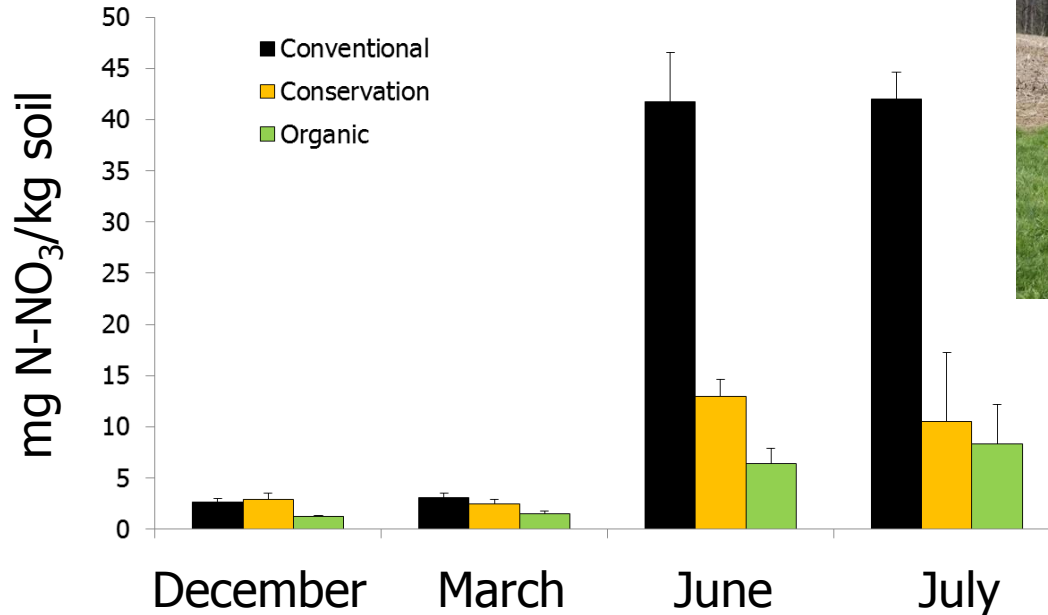


# Farming Practices: The Stroud Preserve

Farming Systems	Cover Crop	Tilled	Fertilizer	Pesticides
Conventional	No	Yes	Synthetic	Synthetic
Conservation	Yes	No	Synthetic	Synthetic
Organic till	Yes	Yes	Manure/Compost	Non-synthetic
Organic no-till	Yes	No	Manure/Compost	Non-synthetic

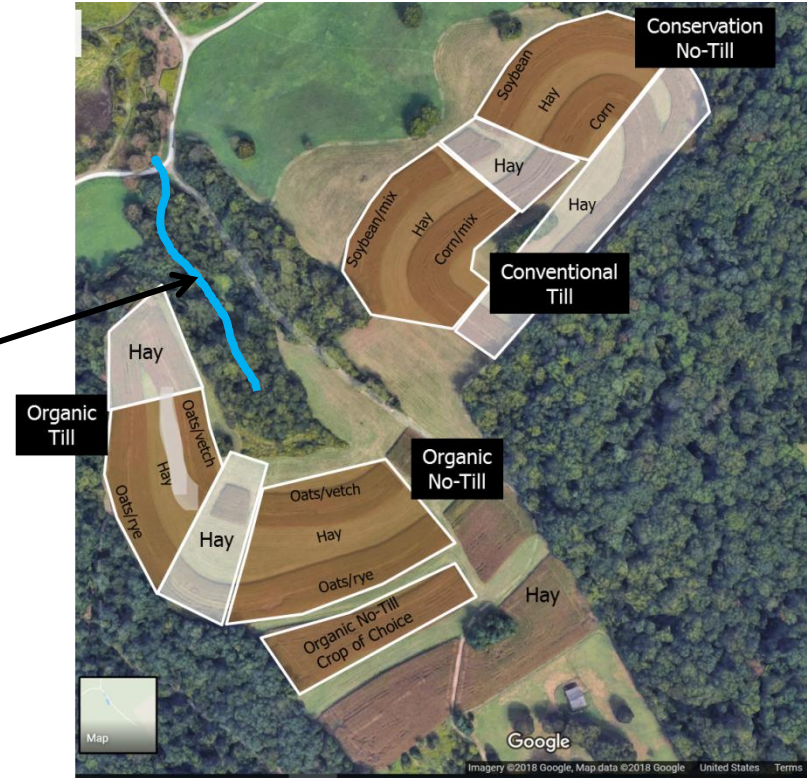
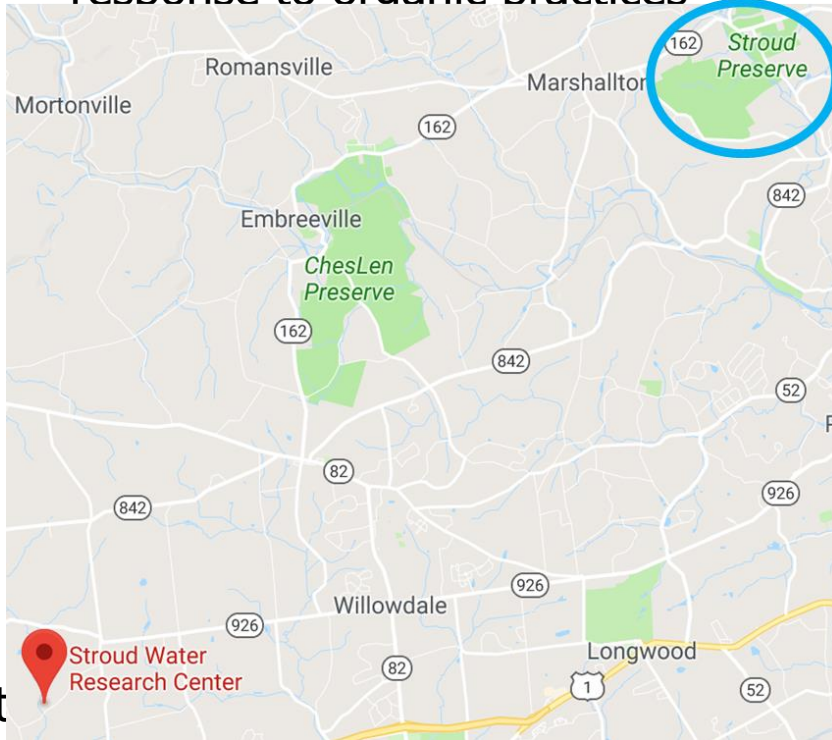
# Farming Practices: The Stroud Preserve

## Farming practices and N storage



# Farming Practices: The Stroud Preserve

Measure whole watershed stream response to organic practices

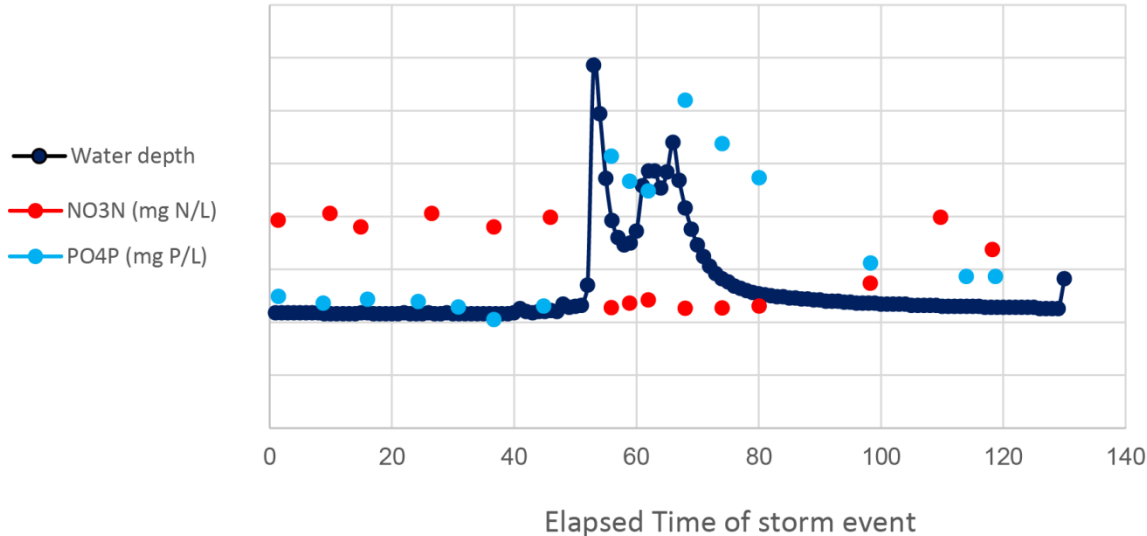


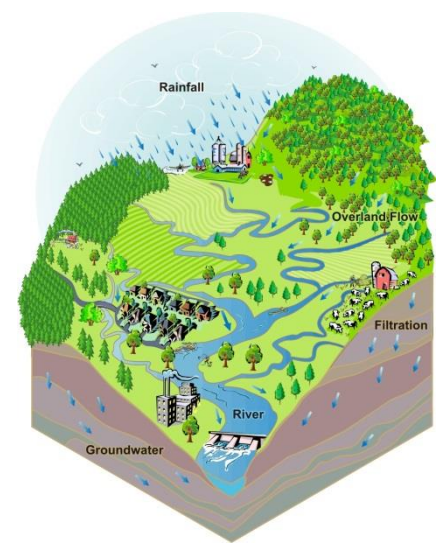
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# Farming Practices: The Stroud Preserve

Morris Run, 27 years after tree planting

Morris Run Storm June 19, 2019

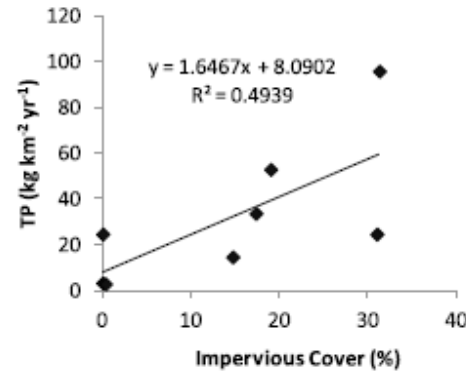
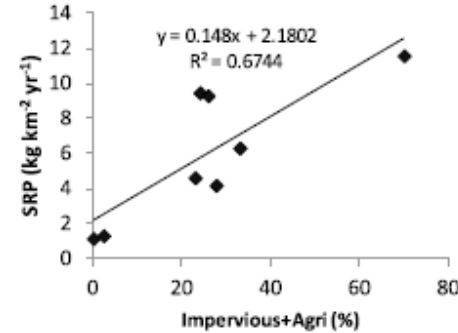
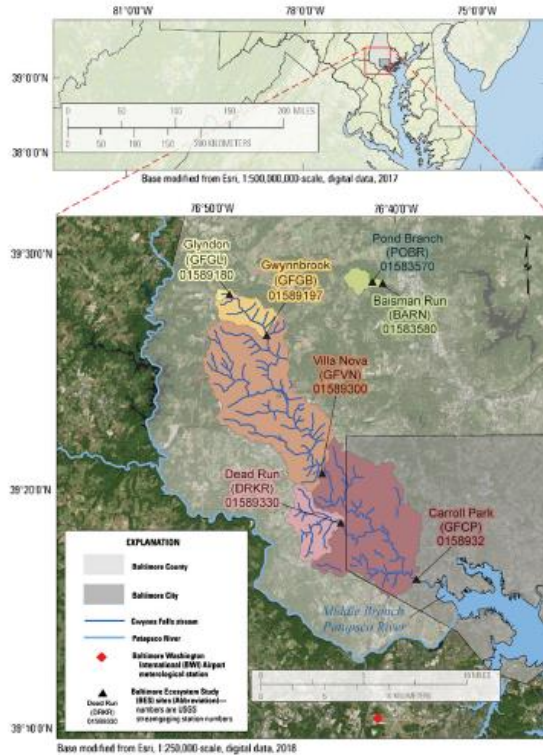




# Stormwater infrastructure

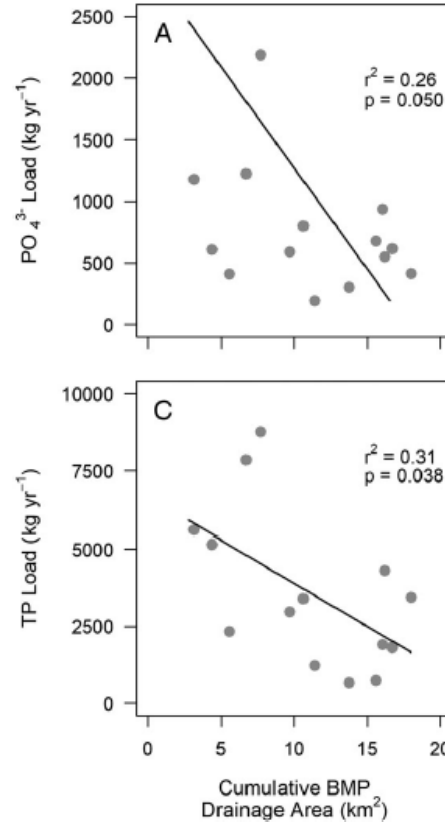
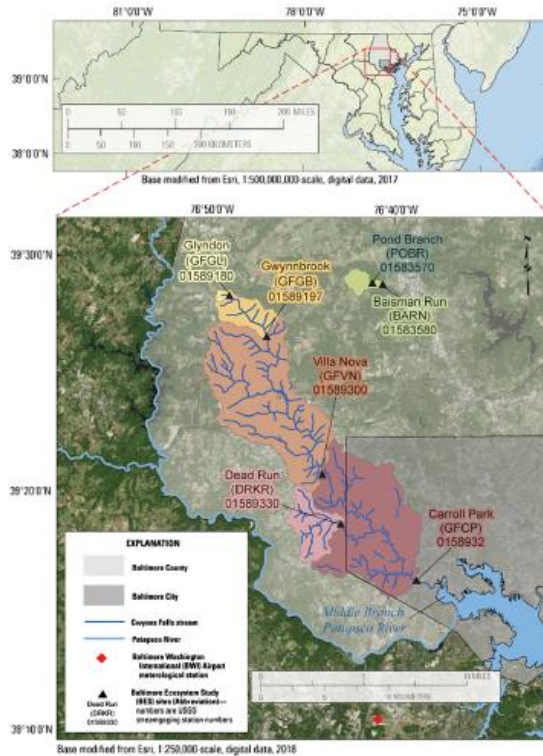


# Stormwater infrastructure



Urban and Ag practices increasing loads of PO<sub>4</sub> and TP

# Stormwater infrastructure

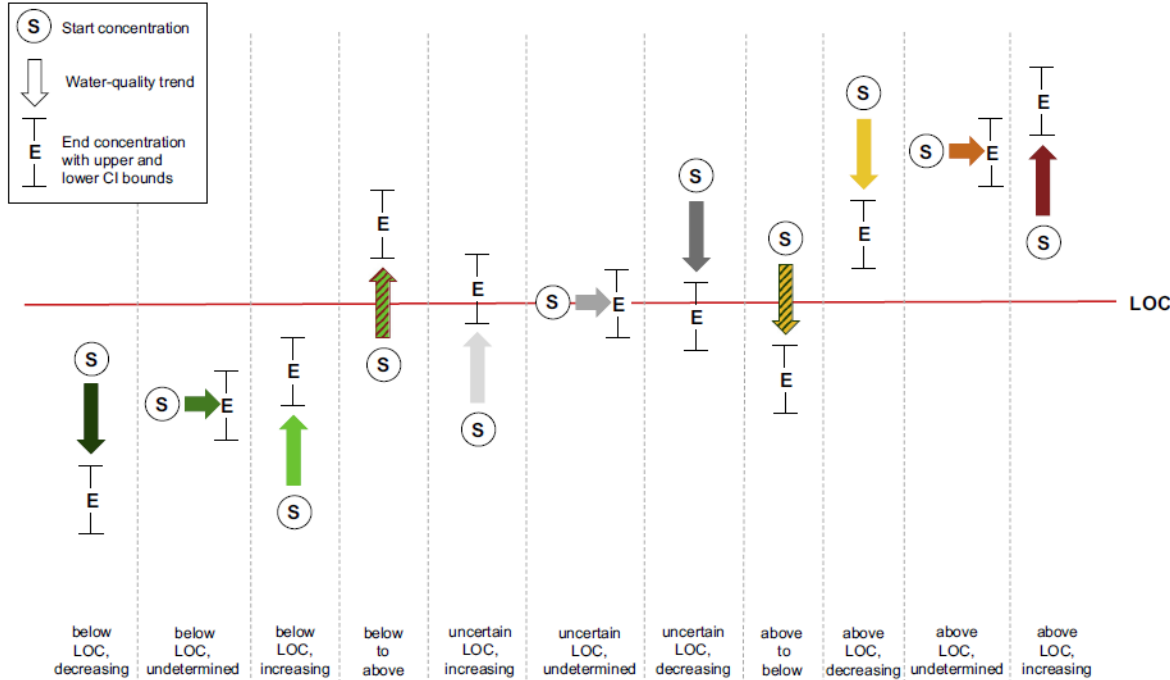


Grey and Green BMPs resulting in decreased loads of  $PO_4$  and TP



# Are we improving water quality?

Water-quality trends for TDS at 762 sites in the conterminous US between 2002 and 2012.



US EPA National  
Primary drinking  
water Regulation

# Are we improving water quality?

